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Headteacher: *Miss Elizabeth Ennew*

'Part of the Midsomer Norton Schools' Partnership'

11TH September 2018

Dear Parents and Carers,

I am writing to welcome you all back to what I am sure will be another great year here at Clutton. A special welcome to our new pupils and families joining Cherry Class over the next few weeks, and to Miss Douglas, our new class teacher in Sycamore Class. We have a few changes that I would like to share with you.

PE SILVER AWARD:

I am very pleased to share the news that Clutton Primary School has been awarded the Silver PE Mark. This marks the wide array of sports activities provided for our pupils, and partly outlines the excellent use of PE funding (a government grant provided to all schools). A special thanks to Mrs Cowgill who leads PE across our school. Additionally, a BIG thank you to the pupils across the school for being such superstars, and representing the school so beautifully. They have shown significant resilience and determination securing us a significant amount of team spirit, trophies and medals. Exercise is so important, and as such all children are expected to join in PE lessons unless they have a note from Dr/parents. Please help us by making sure your child's named PE kit is in from Monday to Friday every week. Children will also be responsible for taking home water bottles every night, please ensure they come back filled with water for the next day. An important part of being a healthy school is that children start taking responsibility themselves to keep hydrated, so we appreciate your help with this.

TEACHING CHILDREN TO BE HEALTHY:

This year, we will be working towards our 'Healthy Schools' mark, to help our pupils grow healthily, safely and responsibly. We will continue to commit to ensuring that the physical, emotional and mental wellbeing of our pupils is a priority. With this in mind, we are asking for your help and support in ensuring healthy lunches and snacks come into school. After speaking to parents, I thought it might be helpful to have some clarity regarding break time snacks. KS1 children will continue to have a snack provided, and KS2 children will only be able to have fruit, vegetables or dried fruit as a snack. Please help us by giving children their snack to put in their drawer, rather than their lunchbox. All other snacks will be saved for lunchtime. Over the next few weeks, we will be working with children to look at the great impact of healthy foods and exercise. In the meantime, please visit this website: <https://www.nhs.uk/change4life> which has excellent NHS guidance on what should and should not be in lunchboxes.

We will be starting the 'Morning Mile' this term. Classes, excluding Cherry Class, will buddy up and walk a mile twice a week around the school site. On the other mornings, they will be taking 'Wake and Shake' and yoga classes. This not only helps to fight childhood obesity, but also gives children the chance to start each day in an active way while enjoying fun, music and friends.

We are a nut aware school, with one child having a nut allergy requiring medication. As such, can we request that no nuts/ peanut butter/nutella comes in lunchboxes. Thank you.

Finally, I am sure you will be pleased to see how we are continuing to improve both the inside and outside learning environment for our pupils. A HUGE thank you to Mrs Wilcox and husband for painting the Playpod, and to Matt Rich and Karen Smith for the amazing mural on the front. A bit of a necessary eyesore is now a real feature. Pupils Bethan Wilcox and Olivia Smith also helped – see if you can spot their fantastic artwork!

In financially testing times for all schools, parental support and help in such developments is crucial. On behalf of all of the staff and governors, thank you. We are very much dependent upon your goodwill and help in these matters and we are very grateful for your support.

Kind regards,

Miss Ennew.