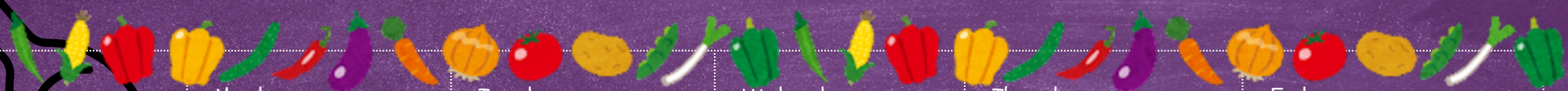
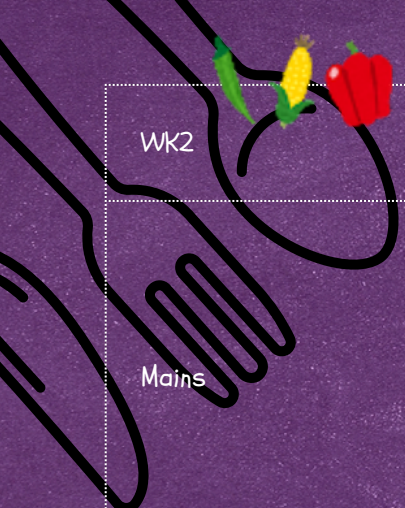


Wkl	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Lightly Spiced Chicken & Vegetable Curry with Veggie Brown Rice (7)	Chilli Bean Quesadillas	Roast Chicken, Roast Potatoes with Vegetables and Gravy	Gluten Free Beef Lasagne	Oven Cooked Gluten Free Fish Fingers with Chips and Peas (4)
Veggie Main	Lightly Spiced Chickpea & Vegetable Curry & Veggie Brown Rice (7)	Chilli Bean Quesadillas	Roast Quorn with Roast Potatoes, Mixed Vegetables & Gravy (5)	Gluten Free Bean Lasagne	Sweet Potato Falafel, Chips & Peas
Served with:	Carrots / Sweetcorn	Rice / Carrots / Peas	Broccoli / Cauliflower	Carrots / Green Beans / New Potatoes	Peas / Sweetcorn
Jacket Potato	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)
Sandwich	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)
Dessert	Fruit Salad Yogurt (DF)	Fruit Salad Yogurt (DF)	Fruit Salad Yogurt (DF)	Fruit Salad Yogurt (DF)	Gluten Free Sponge Fruit Salad Yogurt (DF)

KEY - Any Dietary requirements please contact the kitchen

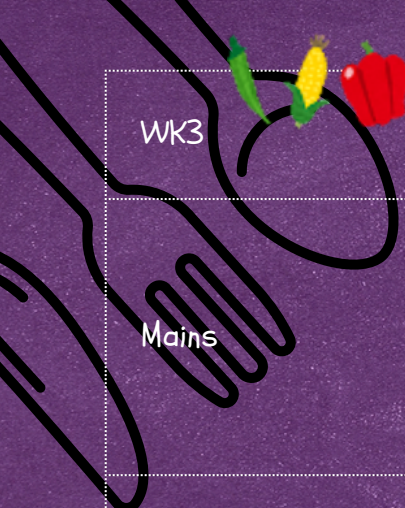
1. Celery | 2. Dairy | 3. Eggs | 4. Contains Fish | 5. Gluten | 6. Suitable for Gluten Free | 7. Mustard | 8. Onions | 9. Soya
 10. Sulphates | 11. Vegan | 12. Vegetarian



WK2	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken & Vegetable Rice Gluten Free Wrap	Free From Beef Burger and a Gluten Free Bun with Potato Wedges Side Salad	Roasted Pork, Roast Potatoes, Mixed Vegetables and Gravy	GF / DF Creamy Mac N' Cheese, Peas & Garlic Bread	Oven Cooked Gluten Free Fish Fingers with Chips (4)
Veggie Main	Dairy Free Cheesy Rice & Vegetable Wrap	Meatless Burger, Potato Wedges & Side Salad (5)	Quorn Fillet, Roast Potatoes, Gravy, Vegetables (5)	GF / DF Creamy Mac N' Cheese, Peas & Garlic Bread	Veggie Dippers with Chips (5)
Served with:	Carrots / Peas	Peas / Green Beans	Broccoli / Cauliflower	Carrot / Green Beans	Peas / Sweetcorn
Jacket Potato	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)
Sandwich GF / DF	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)
Dessert	Fruit Salad Yogurt (DF)	Slice Fruit Salad Yogurt (DF)	Fruit Salad Yogurt (DF)	Fruit Salad Yogurt (DF)	Summer Fruit Sponge (GF / DF) Fruit Salad Yogurt (DF)

KEY - Any Dietary requirements please contact the kitchen

1. Celery | 2. Dairy | 3. Eggs | 4. Contains Fish | 5. Gluten | 6. Suitable for Gluten Free | 7. Mustard | 8. Onions | 9. Soya
 10. Sulphates | 11. Vegan | 12. Vegetarian



WK3	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Southern Baked Chicken & Wedges with Rainbow Slaw	Meatballs & Brown Rice	Westcountry Sausages, Mash Potatoes, Vegetables & Gravy	Bolognese Gluten Free Penne Pasta & Vegetables	Oven Cooked Gluten Free Fish Fingers with Chips and Peas (4)
Veggie Main	Southern Baked Quorn & Wedges with Rainbow Slaw	Vegan Meatballs & Brown Rice	Quorn Sausages, Mash Potatoes, Vegetables & Gravy (5)	Quorn Bolognese Gluten Free Penne Pasta & Vegetables	Sweet Potato Falafel with Chips and Peas
Served with:	Rainbow Slaw	Carrots / Peas	Broccoli / Cauliflower	Carrot / Green Beans / New Potatoes	Peas / Sweetcorn
Jacket Potato	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)	Beans, Cheese(DF), Tuna (4)
Sandwich	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)	Ham, Cheese(DF), Tuna(4)
Dessert	Fruit Salad Yogurt (DF)	Fruit Salad Yogurt (DF)	Fruit Salad Yogurt (DF)	Fruit Salad Yogurt (DF)	Jelly Fruit Salad Yogurt (DF)

KEY - Any Dietary requirements please contact the kitchen

1. Celery | 2. Dairy | 3. Eggs | 4. Contains Fish | 5. Gluten | 6. Suitable for Gluten Free | 7. Mustard | 8. Onions | 9. Soya
 10. Sulphates | 11. Vegan | 12. Vegetarian