

Areas of learning and Characteristics of Effective Learning

Area of Learning and Development & Aspect	
Prime Areas	
Personal Social and Emotional Development	Making relationships
	Self-confidence and self-awareness
	Managing feelings and behaviour
Physical Development	Moving and handling
	Health and self-care
Communication and Language	Listening and attention
	Understanding
	Speaking
Specific Areas	
Literacy	Reading
	Writing
Mathematics	Numbers
	Shape space and measure
Understanding the World	People and community
	The world
	Technology
Expressive Arts and Design	Exploring and using media and materials
	Being creative

My Engagement - Play and exploring

- Show curiosity about objects, events and people
- Use senses to explore the world around them
- Engage in open ended activity
- Showing particular interests
- Pretend objects are things from their experience
- Representing their experiences in play
- Take on a role in their play
- Acting out experiences with other people
- Initiate activities
- Seek challenge
- Show a "can do" attitude
- Taking a risk, engage in new experiences and learning from failures

My Motivation - Active Learning

- Maintaining focus for a period of time
- Showing high levels of energy and fascination
- Not easily distracted
- Paying attention to detail
- Persisting with activity when challenges occur
- Showing belief that more effort or different approach will pay off
- Bouncing back after difficulties
- Showing satisfaction in meeting their own goals
- Being proud of how I accomplished something not just the end result
- Enjoying meeting challenges for their own sake rather than external rewards or praise

My Thinking- Creativity and Critical Thinking

- Thinking of ideas
- Finding ways to solve problems
- Finding new ways to do things
- Making links and noticing patterns in their experience
- Making predictions
- Testing their ideas
- Developing ideas of grouping sequences, cause and effect
- Planning, making decisions about hoe to approach a task, solving a problem and reaching their goal
- Monitoring how effectively their activities are going
- Changing strategy as needed
- Reviewing how well the approach worked