



15 July 2022

Dear Parents and Carers,

Re: Gardening Activity/Hot Weather Monday 18th July

As you may be aware, we are expecting very high temperatures on Monday and we would like to ensure your child is well protected from the heat whilst undertaking gardening activities.

Before School:

- Parents are encouraged to ensure students apply **sunscreen** before they come to school, and to bring this with them in order to re-apply it when necessary.
- It is essential that your child brings a **bottle of water** with them, which can be re-filled during the day as needed.
- Students should also bring a **sun hat** for when we are outside
- I would highly recommend students wear a **light t-shirt** (covering shoulders) and **long shorts** (covering thighs) to avoid sunburn to these sensitive areas

During the day:

- We will work outside from 9 - 11 ensuring that we take plenty of breaks for drinks and sitting in the shade; if it gets too hot before 11, we will move indoors.
- I have planned an alternative - gardening linked - activity that can be carried out indoors for the rest of the morning
- There will be an activity planned for the afternoon at school to keep students out of the direct sun.

Should you have any questions, please do not hesitate to contact me via secretary@stdunstansschool.com

Thank you for your continued support.

Yours faithfully,

Lynda Bevan
Headteacher