



July 2021

Newsletter No. 8

Diary Dates

Monday 12 July	Nightingale visit to Hope Nature Reserve
Thursday 15 July	Sports Day
Friday 16 July	Last swimming session for Brunel class
Tuesday 20th July and Wednesday 21st July	End of School Performance
Thursday 22nd July	Road Safety Officer talk
Friday 23 July	Leaver's Ceremony for Y6 (government guidelines allowing)
Friday 23 July 2021	Last day of Term –school finishes at 2pm

Visit to Lavender Farm on Friday

Nightingale Class enjoyed a lovely trip to Somerset Lavender in Faulkland. They looked for bees and other pollinating insects in the lavender and were able to name a variety of flowers, trees and vegetables in the grounds. They enjoyed playing hide and seek tag amongst the lavender and running through the willow den. They were treated to a scrummy lavender ice cream too, before returning to school. Thank you to Judith from Somerset Lavender for your generosity!



Forest School

A reminder that Forest School for Reception to Y6 will resume on Wednesday 7th July and will continue for three weeks until the end of the Summer term. Despite the weather (hopefully) being warmer, please ensure your child wears old clothes with long sleeves and trousers to avoid bites and stings.



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Ye-ha! End of Year Performance

The children are working hard and enjoying rehearsals for the end of year performance which we are pleased to be putting on at the end of term. The performance includes all children in school. As the name suggests, Ye-ha! Is a Wild West themed show full of fun, toe-tapping songs. Government and MAT guidelines allowing, we are hoping to be able to put on two performances, one on the afternoon of **Tuesday 20th July at 1.30pm** and one in the evening at **6pm on Wednesday 21st July**. Tickets will be available for one parent per child to book, for each session. More details will follow by email once the situation has been clarified.

Sports Day

We will be running a short sports day on the afternoon of Thursday 15 July for the children to enjoy games and sports together in teams. Unfortunately, following the letter to parents from Alun Williams, Trust CEO, visitors will not be able to come along to spectate this event.

Children will need to wear their P.E. kit and bring a water bottle to school. In the event of hot weather please ensure your child has sun cream and a sunhat.

Adverse Childhood Experiences (ACEs) webinar for parent and carers

This webinar is designed for parents and carers who want to prevent Adverse Childhood Experiences (ACEs) or support their child(ren) to heal from previous adversity. It has been developed by the Educational Psychology Service in collaboration with the Somerset Parent Carer Forum as part of a Public Health project. This project aims to raise the awareness of ACEs, and provide adults with strategies they can use to support our children and young people to become resilient and healthy adults. All parts of the webinar are live and available to watch immediately

PART 1: <https://vimeo.com/561347748/69eb5b1bda>

- Childhood Brain Development from the NSPCC: <https://www.youtube.com/watch?v=hMyDFYskZSU>

Part 2: <https://vimeo.com/561348659/12baf3245c>

- Childhood Trauma and the Brain from the UK Trauma Council:
<https://uktraumacouncil.org/resources/childhood-trauma-and-the-brain?cn-reloaded=1&cn-reloaded=1>
- Section 5: What is Emotion Coaching?: [Chapter 1: Introduction to Emotion Coaching « Gottman Institute Emotion Coaching](#)

Please complete the evaluation form below once you have watched the webinar to help inform the managers of the programme with their future work.

ACEs webinar – Post-Evaluation – Parents/Carers: [ACEs Post-Evaluation - Recorded webinar for Parents/Carers \(office.com\)](#)

Other useful online support can be found below:

Better sleep

[Mental Health](#)
[NHS - Sleep tips](#)
[Cerebra](#)

Emotion Coaching

[Emotion Coaching](#)
[ehcap](#)
[Somerset Parent Carer Forum](#)
[Contact](#)
[Challenging Behaviour Foundation](#)



EYFS (Reception) - Year 6 Covid-19 testing



School staff and parents/carers

No symptoms

Twice-weekly testing with Lateral Flow Device tests

If LFD positive

Isolate immediately (along with household). Book a PCR test at a testing site within 48h*. Continue to isolate while you wait for your results.

Adults in a household or support bubble, where children regularly attend educational settings are advised to test twice-weekly.

To find out where to get a Lateral Flow Device test, visit:
www.somerset.gov.uk/coronavirus/covid-19-lateral-flow-test/

Anyone with symptoms

Symptoms include a *new* continuous cough, loss or change of taste or smell and/or a high temperature.

Isolate immediately (along with household) and book a PCR test. Only the person with symptoms needs a test. Continue to isolate while you wait for the results.

PCR

Positive

Negative

If PCR positive, continue to isolate (with your household) for 10+ days.
+ Close contacts are advised to book a PCR test.
Isolation should start from the date of the positive test or the onset of symptoms.

Back to school or work when better

PCR test: At a testing site or at home (select when booking).
Please book here: www.gov.uk/get-coronavirus-test or dial 119

Primary aged children (Reception to year 6)

No symptoms

No symptoms? No test!

There's no need to test children in this age group if they have no symptoms. This includes after isolation, when going back to school.

*If LFD positive, visit a testing site within 48h, to book visit:
www.gov.uk/get-coronavirus-test

+ Close contacts who test PCR negative still need to isolate in accordance with guidelines.

Please do not forget to record positive and negative results on the government website as instructed, as well as informing your school

For guidance on self-isolation, please visit: www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection