



18 January 2021

Dear Parents and Carers

Mental Health Day – Friday 22 January 2021

I would like to start by thanking you all for your support and hard work in helping your child engage with online work at such short notice. I know that this is not an easy or ideal way of working, but both staff and students are making it work and I am very pleased with the learning taking place.

In recognition of the additional demands on both students and staff, I will be making Friday 22nd January a Mental Health day. This day will be set aside for staff and students to catch up with work if they need to, or to take the day to do something to help their mental health. No timetabled lessons will be set on this day, allowing students to either engage with their own choice of positive mental health activity or to engage with the optional mental health activities that all students will be able to access through Google classroom.

I hope that Friday, followed by the weekend will help students and staff to take some time to relax, ready to return to lessons the following Monday.

Thank you for your continued support.

Yours sincerely

Keith Howard
Headteacher