



Trinity Church School

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Tuesday 1st March 2022

Dear Parent/Carer,

Re: Relationships Education in 2022: YEAR 6 PARENTS

In September 2020 the teaching of Relationship Education became compulsory in primary schools, although many schools like Trinity have been teaching this for a while. It is important for children to be taught the building blocks of how to form healthy relationships. For the past three years at Trinity we have used a scheme called Jigsaw to help us teach children about relationships in an age-appropriate way. The Jigsaw scheme also introduces children to how their bodies are changing inside and out as they grow up, teaching children how to stay healthy and, as they progress into key stage 2, what to expect in puberty. When children are in Year 6 the lessons also teach children about how babies are conceived and how they are born.

In Year 6 we will be splitting the RSE objectives across the two spring terms. We will teach at least one lesson on puberty with children in split gender groups.

These are the aspects of RSE we will be covering;

- Pupils learn about the changes that occur during puberty
- Children will be asking and answering questions about puberty (this lesson is taught in split gender groups)
- Pupils learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact
- Pupils learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships
- Pupils learn about human reproduction in the context of the human lifecycle from conception of a baby to birth

Below are links to two documents that we hope you will find helpful:

1. [A leaflet from the DFE explaining why Relationships Education is taught in primary school](#)
2. [The MNSP Relationships and Sex Policy](#)

We have also attached a detailed leaflet from Jigsaw that explains how and what we will be teaching in the 'Changing Me' units.

If you have any questions or concerns, please do not hesitate to contact me, Miss Treasure or Miss Musgrove our PSHE lead.

Thank you for your continued support

Michelle Parsons
Executive Headteacher