



Longvernal Primary School

Outdoor Learning Leaders

Clapton Road
Midsomer Norton
Radstock BA3 2LP
Telephone: 01761 412777
Fax: 01761 419883
Email: office@longvernal.mnsp.org.uk
Website: www.longvernal.com

"part of the Midsomer Norton Schools Partnership"

Headteacher: Mrs Karen Courtier-Hird

October 2025

Dear Parents/Carers,

Mental Health Awareness Day



On Friday 10th October, it is **Mental Health Awareness Day**. At Longvernal, we believe it's important to help our children learn about looking after their wellbeing and to show that talking about mental health is something we can all do.

This year, we will be joining the national **#HelloYellow** campaign run by the mental health charity **YoungMinds**. The campaign encourages everyone to wear **something yellow** on the day to show support for young people's mental health.

We would love all the children (and staff!) to join in by wearing **something yellow** on Friday 10th **October**. This could be as simple as a yellow t-shirt, a pair of socks or a hair accessory.

Thank you for your continued support.

Kind regards,

Miss Friend

We are building a community where learners have no ceilings to their aspirations and successes. Everyone is respected and loved in their own right.

