

Week 3 – Weeks commencing 07/05/19, 03/06/19, 24/06/19, 15/07/19, 16/09/19, 07/10/19

Choices	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Whole wheat Pasta in Tomato and Basil sauce with cheese	Beef Burger in a Bap	Roast Pork with apple sauce	Chicken Korma	Breadcrumbs Cod
Vegetarian Dish	Chilli Bean Quesadilla	Vegetable Frittata	Quorn mince cottage pie	Cheese Pin Wheel	Lentil kofta
Vegan /Dairy Free	Chilli Bean Quesadilla	Vegetable burger in a Bap	Quorn mince cottage pie	Vegetable Korma	Lentil Kofta
Vegetable Choices	Freshly prepared Vegetables	Freshly prepared Vegetables	Freshly prepared Vegetables	Freshly prepared Vegetables	Freshly prepared Vegetables
Potato, rice or Pasta choices		Home-made Wedges	Roast Potatoes	Rice/Midi potatoes	Chips
Dessert of the day	Apple Crumble With custard	Lemon Drizzle Cake	Chocolate Crunch	Pina colada oat bake	Strawberry ice cream with fresh berries
Dessert available every day	fresh fruit Yoghurt	fresh fruit Yoghurt	fresh fruit Yoghurt	fresh fruit Yoghurt	fresh fruit Yoghurt