



## Wellness Day

The children (and staff) had a fantastic final day of term as we held our Wellness Day.

The children spent the day in house teams for the day. They spent quality time enjoying the activities offered in the four classes including: art, parachutes and vegetable creatures!



## Traffic

We had a concerned villager come into the office worried about repeated near misses she has had at the end of the day with cars pulling out of the car park on Church Lane and not looking right. Please proceed with caution when exiting the car park.

After a busy first term, we hope you all have a restful and pleasant break, and look forward to seeing you back in school on Monday 31st October.

Mr Dix & Mr Turull

## Diary Dates

New or amended dates in blue

### October 2022

- Fri 21st INSET Day
- Sun 24th [Deadline for Christmas Card, Tag & Mug orders](#)
- Mon 31st Term 2 begins  
[Secondary School Application Deadline](#)

### November 2022

- Thu 3rd [Football away at Clutton 3:45 k.o](#)
- Fri 11th Celebration & Bible Giving Assembly 2:30pm
- Mon 14th [Girls Football Tournament \(Norton Hill\)](#)
- Thu 17th Family Service at St John's Church 2:30pm (Cafe afterwards)  
[Year 6 Trip to Lifeskills, Bristol \(returning at 3.45pm\)](#)
- Wed 23rd Open Morning 9:30-11:30am

### December 2022

- Mon 5th [Y5 to Clifton Cathedral \(PM\)](#)
- Mon 12th [Carols by Candlelight in school 6pm](#)
- Tue 13th Nativity - Classes 1 and 2 (afternoon)
- Wed 14th Christmas Dinner and Jumper Day
- Thu 15th Nativity - Classes 1 and 2 (evening)
- Fri 16th [Christmas Church Service 9:15am](#)

## Friends of Farrington Gurney School

Yesterday we held our AGM and our key roles for this academic year are:

**Co-Chair Person:** Rosie Greenwood & Tor Clements

**Secretary:** Claire Rippon **Treasurer:** Deb Biffen

*It was great to have a few extra people come along to share their ideas, and enthusiasm for getting involved in the organisation and running of activities and events in the future. If you can help at all please catch any of us in the playground. We have an 'ad hoc helpers' WhatsApp group you can join to enable us to gather volunteers when needed - no commitment needed upfront!*

*Thank you to everyone who donated cakes for today's cake sale - the year 6 children did a fantastic job and helped kick start fundraising for the year ahead.*

*We have lots of festive things planned so keep in touch with us by reading these newsletters and checking in on the Friends of Farrington Gurney School Facebook Group from time to time.*



## Notices

- **Bible Giving Assembly** - on November 11th Bibles will be given to all the new pupils to our school, both Reception and further up the school. This will take place in our Friday celebration assembly.
- **Breakfast Club** - Please make Term 2 bookings.
- **Christmas Cards, Mugs & Tag Orders** - on-line orders for children's personally designed Christmas items via the on-line shop ([www.sforders.co.uk](http://www.sforders.co.uk)) is **24th October** using your child's unique code from the proof. If you have any queries please email friends; [fofgs@hotmail.co.uk](mailto:fofgs@hotmail.co.uk).
- **Clubs** - Mr Marvin's Computing club will not be running on the first week back due to a training course. Lego Club has now finished and Board Games will commence - all other clubs will run as normal.
- **Communication from the MAT:** Please see the link [here](#) for today's letter from Alun Williams.
- **Dinner Menu Changes** - Please see [here](#) the menu for Term 2 as the Catering Team have made some changes. Please bear this in mind when making next terms' options on ParentPay.
- **Music for Schools** - will be visiting Class 3 & 4 on Monday 31st October present the instruments which they could learn to play in school if they would like. If you have any questions please contact the office.
- **Nasal Flu Immunisation 7th November** - to consent/decline following this [link](#), (closes on 1st November).
- **Open Morning** - for prospective parents has been set for Wednesday 23rd November from 9:30am to 11:30am. If you have a child who will be starting school next year, or know someone who does, please share the date and ask them to contact the office to register.
- **St. John's Church** - Please see [here](#) the link to the weekly church events.

## Message from the Catering Team



### IMPORTANT: School Menu changes:

There will be changes to primary school menus over the half term. The menu changes are necessary as we are experiencing difficulties in sourcing some food items from our suppliers. We will also be creating specific menus for children who have dietary needs during this period. As a result parents/carers may find that some of their pre-orders are cancelled. If affected by these changes parents/carers will receive an alert from ParentPay, advising that their menu choice has been cancelled and to rebook. The changes will take place on Monday 24th October, so could schools please ask parents/carers to delay rebooking meal choices until Tuesday 25th.



### FREEBIES

#### FREE TRY OUT KIT

Googles, fins, snorkel, hand paddles, bag & a funky swimsuit/trunks available to borrow for every trial.

### DISCOVER

#### COMPETITIVE SWIMMING

Win medals. Get fit & healthy. Reach for the Olympics! Para Swim, Artistic, Open Water & Water Polo too!

### INCLUSIVE

#### MINORITIES & LGBTQ

We are serious about our values and welcome you. Refugees? Have hair/skin or financial worries? Speak to us

### UNI

#### SCHOLARSHIPS TO U.S

Open the door for FREE international opportunities

### FRIENDS

#### NEW FRIENDSHIP GROUP

Swimmers & their Adults too!

### TRY IT

#### COME FOR A TASTER

Mondays 7-8pm at Hengrove Leisure. Register first.

Visit: [cobaquatics.club](http://cobaquatics.club)

Email: [cobaquatics.enquiry@gmail.com](mailto:cobaquatics.enquiry@gmail.com)



## FREE five week cookery course for parents/carers and children

Join a group session to discover how to make easy, healthy budget friendly recipes in person or online

- Free recipe book and NEW video recipe links
- Support with meal planning and budgeting
- Encouraging children to eat balanced meals
- Ingredients provided or funded with £30 voucher

### Upcoming start dates (one session per week):

- Tues 11th Oct- 15th Nov (no session 25th Oct), 4-5.30pm at Southside Youth and Community Centre, Twerton, Bath.
- Wed 16th Nov - 14th Dec 4-5:30pm at Castle Primary, Keynsham
- Mon 14th Nov - 12th Dec 5-6pm, Online.
- Mon 14th Nov - 10th Dec 4pm - 5:30pm at Paulton Village Hall

Contact the Community Wellbeing Hub to book on  
Tel: 0300 247 0050 Email: BATHNES.thehub@hcrgrcaregroup.com

## Thought of the Week

**'I have seen the business that God has given to the children of man to be busy with. He has made everything beautiful in its time. Also, he has put eternity into man's heart...I perceived that there is nothing better for them than to be joyful and to do good as long as they live; also that everyone should eat and drink and take pleasure in all his toil—this is God's gift to man. ' (Ecclesiastes 3:10-13)**

*'Slow down, you're moving too fast.  
It's your life, it's not mine,  
All good 'til you run through a stop sign,  
On the highway with the blindfold,  
I prefer my way, live slow, die old.  
And that should be my motto  
The fat lady got a mean vibrato,*

*Life is short-term, like a ripe avocado,  
That's why I've got to savour every flavour of gelato,  
I want to spend more time in my bare feet...  
Appreciate the song of a parakeet,  
Watch sunset change to twilight,  
You might have one left, days are finite,  
I wake up tomorrow, maybe I'll fly a kite,  
Might be mundane, maybe a highlight.  
Try as I might, I can't take my foot of the gas,  
I end up movin' too fast.*

(Herbal T - 'Live Slow')

<https://www.youtube.com/watch?v=JkE2CYSgWyl>

*I'm not sure I ever thought that I would take advice from anyone called 'Herbal T', but the lyrics from the song 'Live Slow' make quite a lot of sense (I'm not sure about the parakeet bit though!) Do give the song a listen if you have a few minutes - It's quite good!*

*In the Bible, King Solomon wrote a lot of helpful advice for everyday living. In the book of Ecclesiastes, he focuses on the fact that we only have a limited amount of time on earth and that our lives are therefore meaningless. Fortunately, he changes his tune as he goes through the book and comes to realise the importance of enjoying the lives that we have been given - to take pleasure in the everyday things - our work, our families, the food we eat and the simple things.*

*Hopefully this half term you will be able to find a bit of time to enjoy the everyday things. Although the days are getting shorter, there is still lots of beauty to behold in nature, especially while the leaves on the trees are turning all sorts of wonderful colours.*

*So take some time to enjoy some simple pleasures and remember...slow down!*