



## Hinduism Visitor

We welcomed Indira Mistry into the infants on Friday. She is a familiar face as she had visited the juniors towards the end of last year.

She led a day of fun activities to deepen the children's knowledge of Hinduism. The children had the opportunity to listen to stories, dress up in traditional costumes, make diva lamps and use the shadow puppet stand.



## Staying Safe Online

Despite our sessions in class regarding safe and sensible internet use, and our focus on embedding our values (includina compassion) there have been some incidents in the last few weeks of children being extremely unkind to each other online whilst gaming or messaging at home.

As a school we are trying to support children (and families) as they start their digital lives in a healthy way. I'm sure at the top end of the school there are already conversations ongoing about tech devices for Christmas, so we have linked some resources to support families. This includes setting up parental controls and how to talk to your children about their online life. The link is here

## Football Tournament

Our football team had great fun at the Small Schools Tournament on Monday. After a change to the definition of what constitutes 'small a schooľ recently, the tournament has certainly got much tougher.



Our team played each of their 4 games with great enthusiasm, the highlight being a win against Shoscombe in the final match. Well done team!

## Seal Class Trip to Stonehenge

To link with their current topic on Stone Age and Iron Age, Seal Class headed off to Stonehenge to enhance their learning this week.

Despite the weather not being the kindest, the children enjoyed a series of activities including visiting the experience centre, studying the stones and exploring the ancient roundhouses..

Our pictures show the children trying to move the giant sarsen stones using the technology available at the time of the original workers namely rope and wooden rollers.



### Autumn Assessments

One thing noted on the Parent Questionnaire from July as an action point following your feedback was to improve the information around your child's progress.

In response to this concern, we said we would send home information to show the outcome of your child's most recent assessments in autumn and spring via a 'report card'.

Most of this information may have been shared with you at Parents' Evening - but if your child is in Shark, Seal or Dolphin Class, you will also receive a summary of their current progress when we put the autumn report cards in their book bags towards the end of next week.

The data is drawn from the NFER Assessments (SATs for Year 6) carried out during Term 1.

(Year 1 children do not undertake a formal assessment in the Autumn term, but will have summaries when the Spring assessments have been completed).

Finally, please can we ask for any donations of cakes for the Children in Need Pudsey Cake Sale next Friday morning?

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Newsletter 9 - November 10th 2023



This Week's Learners of the Week	
Compassionate	<ul> <li>Miltiadis</li> <li>Heidi</li> <li>Tilly</li> <li>Lotte</li> </ul>
Agile	<ul> <li>Sophie</li> <li>Karmann</li> <li>Ella</li> <li>Mya</li> </ul>
Responsible	<ul> <li>George C</li> <li>Frankie</li> <li>Charlie</li> <li>Freddie</li> </ul>
Engaged	<ul> <li>Lamorna</li> <li>Ivy</li> <li>Adalyn</li> <li>Mollie</li> </ul>
Well Done - Keep up the Good Work!	

House Points for Good Manners (Last 2 Weeks)			
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14	24	21	19

# Friends of Farrington Gurney School

Please remember that the last day to order Christmas cards etc with your child's design is **tomorrow 11th December.** There are loads of things available in addition to Christmas cards, such as thank you postcards, gift labels, mugs, magnets, candles, table mats and calendars!! Please refer to the proof sent home last week for details on how to order.

We will again be providing the catering for the carols by candlelight event on 11th December. A huge thank you to Darren Chivers and Octagon Heating Services for sponsorship covering the food costs, meaning every penny raised can benefit our children. We will need some volunteers to help on the evening so will contact our "occasional helpers" a little nearer the time. Please let us know if you are able to join this group, we wouldn't be able to put on events without this support.

# <u>Notices</u>

- **Clubs -** Are all running as normal next week.
- Christmas Fundraiser orders by 11th November. See the Friends section below. Any problems please message Friends on email: FOFGS@hotmail.co.uk.
- **Library events** see <u>here</u> the link for exciting events happening in our libraries.
- **St. John's Church -** Please see <u>here</u> the link to the weekly church events.

# **Diary Dates**

New dates and amendments in blue

## November 2023

Fri 17th	Children in Need day
Fri 24th	Celebration Assembly 2:30pm
	FoFGS School Disco 6-7:30pm

## December 2023

Mon 4th	Flu Immunisations AM
Thur 7th	Save the Children Xmas Jumper Day
Fri 8th	Celebration Assembly 2:30pm
Mon 11th	Carols by Candlelight 6pm start
Tue 12th	KS1 Nativity in the hall 2pm start
Wed 13th	Christmas Dinner Day
Thu 14th	KS1 Nativity in the hall 6pm start
Tue 19th	Christmas Carol Service in St John's
	Church (9:15am)
	End of Term 2

# Governor Vacancy

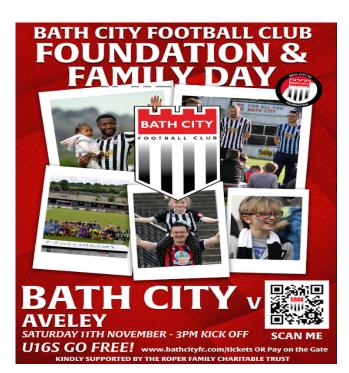
Farrington Gurney Primary School has a vacancy on our Local Governing Body (LGB). The LGB is made up of Governors from a range of different backgrounds, skills and experiences, and they are all volunteers who work together for the benefit of the school. You do not need to have any experience or prior knowledge, as training will be offered. We would be delighted to hear from you; please contact Mrs Hazard (Clerk to the Governing Body) or Mrs Tyrrell (Chair of Governors) for more details.

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Midsomer Norton & Radstock Silver Band will be playing Christmas classics and each Class will perform a carol! Audience participation is encouraged!<sup>t</sup>

The FOFGS will be serving turkey rolls. hot dogs (veggie tooi). tea. coffee. hot chocolate & mulled cider



Newsletter 9 - November 10th 2023



# Caring for children with COUGHS



#### COUGH

Coughs can last for 3-4 weeks and make your child feel guite unwell but will still get better by themselves.

'Noisy chests' or 'chesty coughs' are guite common when young children catch a cold and are not necessarily a sign of a 'chest infection'.

Healthy children typically get a cough 7-10 times a year and this is not a sign that there is anything wrong with their immune system.

C University of Bristol

#### DISTURBED SLEEP

Coughs will often wake your child in the night. When the child lies down, more of the mucus from the nose and throat runs downwards and your child coughs more to clear it.

Coughing is part of the body's defence system which helps keep the lungs clear and fight the illness. Unfortunately this can wake the child in the night but does not mean the illness is more severe.

For children over 1 year, a spoon of honey (perhaps in a warm drink) half an hour before bed may help them to wake less often.

For children over 2 years, vapour rubs (containing camphor, menthol and/ or eucalyptus) may help children sleep better.



This leaflet contains information about how to look after a child who has a cough (not due to asthma). For more detail see www.bristol.ac.uk/child-cough



FEVER/HIGH TEMPERATURE In children, a temperature of over 37.5°C is considered a fever.

Fever is a normal response to illness and does not harm children. It may even help to fight illness

Children with a high temperature may be more likely to have a more severe illness, although most do not. Occasionally a child may have a fit. This shouldn't cause harm and treating the fever doesn't prevent it.

It is safe to use child paracetamol and ibuprofen to manage children's fever (and pain) for as long as needed. Follow the dosage on the bottle.



#### DRINKING/EATING LESS

Children often eat and drink less when they have normal childhood illnesses. Most children can go a few days without eating much and this will not affect their longer term growth and development.

#### All children need to drink regularly to avoid becoming dehydrated, especially if they are vomiting.

To help prevent dehydration, encourage vour child to have sips

of water.

## WHEN TO SEE THE DOCTOR Arrange to see or speak to your doctor today if any of the following occur:

RAPID OR DIFFICULT BREATHING (DEPENDING ON AGE):

AGE OF CHILD	BREATHING RATE
Babies under 6 months	over 60 breaths per minute
Babies 6-12 months	over 50 breaths per minute
Children over 1 year	over 40 breaths per minute
Any age	Being short of breath (as if your child has been running) or is 'working hard' to breathe when resting
Any age	Skin between and below the ribs gets sucked in each time your child takes a breath

#### HIGH OR PERSISTENT FEVER (DEPENDING ON AGE OF CHILD):

AGE OF CHILD	TEMPERATURE
Babies under 3 months	38°C or more
Babies 3-6 months	39°C or more
Children over 6 months	over 37.5°C for more than 5 days
If your child has a fever fit, call 999 or take them to A&E.	

#### VOMITING (DEPENDING ON AGE):

AGE OF CHILD	SYMPTOMS
Babies under 3 months	Vomiting + fever of 38°C or above
Babies 3-6 months	Vomiting + fever of 39°C or above
Children over 6 months	Vomiting + fever + extremely drowsy or listless
Any age	Severe vomiting (child not able to hold down fluids for 8 hours or showing signs of dehydration)
Any age	Persistent vomiting (more than 2 days)

#### SKIN PALER THAN USUAL

If your child appears much paler than usual: hands and feet are very cold while their body is warm. If skin, lips or tongue appear blue, call 999.

#### PAIN

Pain in the chest (not when coughing) combined with fever and rapid breathing.

#### HARD TO WAKE / UNRESPONSIVE

Cannot be woken or wakes only slightly and then immediately goes back to sleep.

If your child wakes only with lots of stimulation.or is much less responsive to social stimulation (smiles and talking) than usual.

#### NOT FEEDING

Babies under 1 year: if your child stops feeding entirely



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# Thought of the Week

'Greater love has no one than this: to lay down one's life for one's friends.'

(John 15:13)



This week, a child in school asked me why we have poppies during Remembrance. I explained that very little was able to grow on the fields where the soldiers had fought during World War One apart from poppies. The poem 'In Flanders Field' by John McCrae was where the significance of the poppy as a lasting memorial symbol was first realised. It came to represent the immeasurable sacrifice made by McCrae's comrades and went on to become a lasting memorial to those who died fighting in World War One and other conflicts. Although a beautiful flower, it is a lasting reminder of the deaths of millions.

After it was formed in 1921, the Royal British Legion went on to adopt the poppy as their symbol, in their appeal to provide aid to those serving in the British Armed Forces. Ever since this time, the poppy has always been associated with Remembrance Day.

For many people, Remembrance is a difficult time. You may remember a family member who died fighting in a war or maybe you know someone who is still fighting somewhere in the world. It's certainly not a happy occasion. Many people don't like to think about war and conflict, but it is difficult to ignore it at the moment. For many, the poppy is a symbol of sacrifice reminding us of people who were willing to lay down their lives for the sake of others. It reminds us of many sacrificed lives in battles over the years - past, present and future. Another symbol that reminds us of sacrifice is the cross - the place where Jesus died. But unlike the poppy, the cross reminds us of one single act of sacrifice and love for all generations, past, present and future.

Today's verse refers to someone laying down their life for a friend. Those who fight and die in battle are doing just this and are willing to die so others can have peace, freedom and life. This is a true act of bravery.

When Jesus said this verse, he was of course referring to himself. He was letting his disciples and his future followers know that he was giving his life willingly out of love. His life wasn't taken from him, he chose to go to the cross and die so that others could also experience peace, freedom and life. Peace that surpasses all understanding (Philippians 4:7), freedom from their past (Romans 6:18) and life without end (John 10:27-28).

This Remembrance Day, let's wear our poppies with pride, as a symbol of respect and thanks to those who have gone before us into battle. And let's also take the time to remember Jesus' one perfect sacrifice, once and for all, for now and into eternity. Amen.

