



Trinity Church School PE Curriculum Overview



We aim to deliver quality Physical Education lessons at Trinity, both through the use of specialist teachers and coaches and through the expertise of our staff.

As well as ensuring children meet the minimum requirement of 2 hours of physical activity a week, we ensure our children all receive the opportunity to represent the school at local sports festivals and competitions.

We use **GetSet4PE** to deliver our curriculum

EYFS

Term 1

Term 2

Term 3

Nursery	Fundamentals : Unit 1	Target Games	Dance : Unit 1	Dance : Unit 1	Games : Unit 1	Games : Unit 1
		Fundamentals : Unit 1	Gymnastics: Unit 1	Gymnastics: Unit 1	Ball Skills : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 2	Target Games	Dance : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Ball Skills : Unit 2
	Fundamentals : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Games : Unit 2	Games : Unit 2
Year 1	Fundamentals	Target Games	Gymnastics	Ball Skills	Net and Wall	Athletics
	Team Building	Dance	Yoga	Invasion	Sending and Receiving	Striking and Fielding
Year 2	Fundamentals	Target Games	Gymnastics	Ball Skills	Net and Wall	Athletics
	Team Building	Dance	Yoga	Invasion	Sending and Receiving	Striking and Fielding

KS1

KS2

	Term 1	Term 2	Term 3	Term 3	Term 3	Term 3
Year 3	Fundamentals Y3/4 Ball Skills Y3/4 +	Dance Fitness +	Gymnastics Yoga +	Tennis Hockey +	Netball OAA +	Rounders Athletics +
Year 4	Swimming Handball +	Swimming Dodgeball +	Swimming Gymnastics +	Swimming Tennis +	Swimming Cricket +	Swimming Athletics +
Year 5	Football Tag Rugby +	Dance Target Games +	Gymnastics Yoga +	Tennis Hockey +	Netball OAA +	Athletics Rounders +
Year 6	Football Tag Rugby	Dodgeball Fitness	Gymnastics Yoga	Tennis Hockey	Netball Badminton Y5/6	Athletics Cricket