

PSHE Intent, Implementation and Impact at Midsomer Norton
Primary School
(Personal, social, health and economic education)

Intent:

At Midsomer Norton Primary School, personal, social, health and economic education (PSHE) and citizenship enable our children to become healthy, independent and responsible members of society.

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more. As a result of this, it will help children to become healthy, independent and responsible members of a society who understand how they are developing personally and socially, and give them confidence to tackle many of the moral, social and cultural issues that are part of growing up. We teach the children that looking after our mental health is crucial to our development and give the children strategies to enable them to speak about and look after their mental health. We provide our children with opportunities for them to learn about rights and responsibilities, our core British Values (Democracy, Rule of Law, Individual liberty, tolerance and mutual respect), recognise and celebrate differences in others and appreciate what it means to be a member of a diverse society.

We cater for the holistic needs of all the children in our care with a focus on the following aims:

- Develop growth mindset to build resilience and develop confidence
- Develop a safe and healthy lifestyle
- Understand what makes a good relationship with others
- Have respect for others in school and in the outside world
- Develop own sense of self-esteem and emotional well-being and encourage others to do so
- To make the most of their own abilities
- Be independent and responsible members of the school and wider community
- Develop knowledge of ways in which individuals can contribute to society
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues

- Develop good relationships with other members of the community
- Acquire enduring values and aspirations.
- Our school curriculum drivers also shape every part of our PSHE curriculum: ***Culture, Community and Equality***

Recovery Curriculum:

During the recovery period, we intend to maintain the breadth of the school curriculum. The need to prioritise supporting children's mental health and equipping them with coping strategies for any anxieties or worries they may have:

- JIGSAW Recovery Programme for KS1, LKS2 and UKS2
- Daily PSHE check-ins
- One timetabled PSHE lesson per week
- Worry boxes in all classes
- Mindfulness breathing(Calm Me time)
- Working through our core themes to cover all aspects of PSHE learning: Being Me in my World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me.

School Closure/Remote Learning:

In the event of a further partial or full closure, teachers will continue to teach the six key Jigsaw themes over the period of the closure. Enrichment and mental health activities will be planned to ensure children have a way in which to share their feelings and anxieties. Feedback shows that parents appreciated the phone calls, email contact, staff videos and individual teacher lessons so these will continue in the event of a closure for learning purposes but also to aid the mental and emotional health of some of our priority

Implementation:

The curriculum is split into six core themes of: Being Me in my World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. The children will cover these themes throughout the course of the year and the themes are built upon as the children move through school.

Through the JIGSAW programme of study the children will have a good balance of these overarching concepts:

- Identity
- Relationships
- A healthy, balanced lifestyle,
- Identification of risk and safety
- Diversity and equality
- Citizenship, rights, responsibilities and consent
- Change and resilience
- Power
- Career
- Relationships education

At Midsomer Norton Primary, we believe that PSHE plays a vital part and needs to be taught weekly. However, there will be occasions where staff may feel it necessary to teach PSHE as a result of an issue which has arisen in their own class or on the playground. We want our curriculum to be reactive to the children's needs where it needs to be.

PSHE is an important part of school assemblies and planned events. We have themed PSHE days/weeks during the year where we focus on Anti-Bullying, kindness, mental health etc

As part of the planning process teachers will need to refer to the following documents:

- Jigsaw outline and individual plans
- Assessment opportunity lessons
- Mindfulness 'Calm Me' scripts
- The four British Values of democracy, the rule of law, individual liberty, mutual respect and tolerance.
- The Equalities Act 2010 for our children in KS2
- Relationships education guidance and teaching materials.

Impact:

The success of our PSHE curriculum will be evidenced in the results of the wellbeing surveys(Rainbow survey), questionnaires and through pupil voice with the children. In addition, we measure the impact of our curriculum through the following methods:

- Children's responses in observed circle time sessions
- Pupil voice shared in deep dives

- Work displayed and celebrated
- Work in books
- Teacher interviews
- Assessment through Jigsaw end of unit assessment lessons.