



Take a gap year. Save up and travel the world and embrace new cultures.



Go to university to enhance your studies and get a degree in Sociology, Law, Medicine or Economics



Complete your Post 16 qualifications to further your GCSE learning.



Consider your Post-18 options

Complete the PSHE Programme



# PSHE LEARNING JOURNEY

St Dunstan's School  
GLASTONBURY

Know how to be safe and healthy in your next steps and how to manage your academic, financial, personal and social life in a positive way. Know where to go for support

**Post 16**

**PSHE: Careers, money & finance**

**PSHE: Health, Wellbeing and the Wider World**

**PSHE: RSE**

**PB: Ethics & Philosophy**

**PB: Heal the World**

**Year 11**

**PSHE: Employability**

How do I feel about the environment?  
Could I eat animals?  
Animal Testing  
The price of fast fashion

Anti Social Behaviour  
Knife Crime  
County Lines  
Criminal Justice  
Fake News  
FGM  
CSE



What are the worldviews of the smaller world religions?  
Zoroastrianism  
Taoism  
Jainism  
Shinto  
Voodoo

What is Ethics?  
Organ Donation  
Saviour Siblings  
Environmental Ethics  
Sexual Ethics



Hate Crime  
Binge Drinkin  
Self Examination  
Putting the Men in Mental Health  
Social Media and Self Esteem  
Grief and Bereavement

**PSHE: RSHE**

**PB: Religion & Worldviews**

**PSHE Living In The Wider World**

**PB The Only Way Is Ethics**

**PSHE Health & Wellbeing**

**Year 10**



What to do if someone misuses alcohol or drugs



Dealing with pressure

E Safety and Radicalisation  
Extremism  
How do leaders attracts converts?



Year 9 Options



Career Pilot

Contraception  
Healthy Relationships  
Consent



Body Image  
Mental Health Awareness

CPR  
Primary Survey  
Defibrillator  
Recovery Position

**Drugs**

**Living in the Wider World**

**Careers**

**RSHE**

**Wellbeing**

**First Aid**

**Year 9**

**Careers**

Stem Cell, Embryology, Surrogacy  
Hygiene  
Vaccinations, Blood + Organ Donation

Responsible Health  
Drugs  
Alcohol  
Cancer  
Awareness

Money Management  
Budgeting Plan  
Savings, loans, interest rates  
Financial Products  
Our rights as consumers

Rights and responsibilities  
Rights of the Child  
The Equality Act

What is a citizen?

Why is vote?

Role of Parliament and the Morach



What is democracy?

**Relationships and Health Education**

**Money**

**Rights & Responsibilities**

**What is Democracy?**



It's not for me



Alcohol Vaping  
Smoking



What is careers education?



What I'm I good at?



Self reflection



Employability



Staying safe over the summer



Cycle, Water, Online Safety

**Year 8**

**Drugs**

**Careers**

**Staying Safe**

**Consent**



Safe and Private



Puberty  
Periods

Healthy Lifestyles + Benefits of exercise



Bullying  
Digital Citizenship

Making new friends



What are British Values?

Stepping up to secondary school

**Health & Wellbeing**

**Character Education**

**What is PSHE?**

**Year 7**



**GOLDEN THREADS**



**CITIZENSHIP**



**RSHE**



**LIVING IN THE WIDER WORLD**



**HEALTH AND WELLBEING**



**CAREERS**



**FINANCE**