



Midsomer Norton Primary School

'Part of the Midsomer Norton Schools Partnership'

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Dear Parents and Carers,

Statutory Relationship, Health and Sex Education

This year we will be delivering a new Relationships and Health Education programme which will also include sex education to our children. Before this can happen, we want to engage parents in a dialogue about what we cover and how we cover it. We held a staff meeting in July to discuss and agree on what we feel meets the needs of the children at our school but we also want to hear the views of parents/carers. Due to current restrictions, we are unable to invite parents into school to discuss our sex education programme and share some of the resources we hope to use. Our sex education programme will be delivered in Term 6 2020 which gives us plenty of time to seek parent views and share the resources we hope to use.

You may remember we introduced a new Personal, Social, Health and Economic education programme called **Jigsaw** which the children are currently using in class. All children are responding really positively to their Jigsaw lessons and enjoying the opportunity to engage in mindfulness.

The key areas covered are listed as below:

Term 1 Being Me in My World

Term 2 Celebrating Difference

Term 3 Dreams and Goals

Term 4 Healthy Me

Term 5 Relationships

Term 6 Changing Me

What does sex education include?

Sex education is defined as human reproduction, conception and birth. Our puberty lessons are delivered as part of our Science curriculum which is a statutory subject and therefore compulsory. It is important that children understand the changes that happen to them as they grow and mature. Puberty is a statutory area of curriculum because it forms part of the Science curriculum. Human reproduction and conception are in addition to this and therefore parents have the right to withdraw their children from these lessons but as a school, we believe this learning is very important. It is important to note that this learning is built on in RSE (Relationships and Sex education) in secondary schools.

Here is an outline of our Sex Education programme:

The Changing Me Puzzle is all about coping positively with change and includes:

Reception: Growing up: how we have changed since we were babies.

Year 1: Boys' and girls' bodies; correct names for body parts.

Year 2: Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).

Year 3: How do babies grow?

Year 4: Introduction to puberty.

Year 5: Internal and external reproductive body parts. Recap on puberty and menstruation.

Year 6: Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.



All lessons are delivered through the Jigsaw scheme which is used all across the UK. The lessons are delivered in a child friendly, age appropriate way through use of the correct terminology, child-friendly language, diagrams and video clips approved by Jigsaw.

In Reception, the focus is on learning how we have changed since we were babies but it is important to let parents know that we will use the correct terminology when speaking to children about their body parts.

If you have any questions about the content, please get in contact and we are happy to discuss it with you by email or phone. If you have any comments or views, please feel free to email these to office@midsonnortonprimary.co.uk for the attention of Mrs Forster.

We are hosting a virtual question and answer session on Thursday 10th of December at 4pm, for any parents/carers who would like further detail or clarification on any of the information shared. Please contact the school office to receive an invite to the online meeting.

You will find a link to our draft PSHE and Relationships and Health education policy here <https://www.midsonnortonschoolpartnership.com/uploads/files/phse-amp-rse-policy-november-2020-pdf.pdf> and a link to a leaflet outlining what is covered on <https://www.midsonnortonschoolpartnership.com/uploads/files/rshe-guide-for-parents-november-2020.pdf> these can be found on our website under - Parents, Curriculum , PSHE. We welcome all feedback from parents and look forward to working with you to develop our relationships and health education curriculum.

We would like to take this opportunity to thank you for your ongoing support and look forward to engaging with you on our new sex education programme.

Best wishes,

Alun Randell
Head Teacher