

**Relationships and Health Education at
Midsomer Norton Primary
Changing Me**

Reception	<p>Bodies Respecting my body Growing up Growth and Change Fun and fears Celebrations Teachers will use the correct terminology to talk about private body parts if children refer to them in learning time</p>
Year 1	<p>Life cycles – animal and human Changes in me (BABY PHOTOGRAPH NEEDED) Changes since being a baby Differences between female and male bodies(correct terminology) Linking growing and learning Coping with change Transition</p>
Year 2	<p>Life cycles in nature Growing from young to old (Invitation for grandparent visits when this can be done in a safe way.) Increasing independence (Growing up items required) Differences in female and male bodies(correct terminology) (Clothing including underwear required) Assertiveness Preparing for transition</p>
Year 3	<p>How babies grow Understanding a baby's needs Family stereotypes Challenging my ideas Preparing for transition</p>
Year 4	<p>Being unique Confidence in change Accepting change on the outside (No video required) Changes on the inside (Male/Female reproductive system video is shown without subtitles)</p>

	Preparing for transition Environmental change
Year 5	Self- and body image Influence of online and media on body image Having a baby (Female reproductive system video with/without narrative) Girls and Puberty Growing responsibility Coping with change Preparing for transition
Year 6	Self-image Body image Puberty for girls Puberty for boys Conception Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition