

SATs Breakfast Invitation for Year 6 pupils



Dear Parents and Carers,

As we head into SATs week next week, we want to ensure our Year 6 pupils feel as calm, confident, and prepared as possible. To give them the very best start to their mornings, we are delighted to invite all Year 6 children to a special **SATs Breakfast** next week.

Research shows that a nutritious breakfast helps with concentration and focus—two things our students will need in abundance! This is also a wonderful opportunity for the children to gather with their friends and teachers to settle any nerves before the school day begins.

The Details

- **When:** Monday to Thursday (Next Week)
- **Time:** From **8:15 AM**
- **Where:** The School Hall
- **Cost:** This is provided **free of charge** for all Year 6 students.

What's on the Menu?

We will be providing a variety of "brain power" foods, including:

- Fruit & Yoghurt
- Croissants
- Cereal
- Fruit juices and water

Important Note

If your child has any **new or updated dietary requirements or allergies** that the school is not already aware of, please let the school office know as soon as possible.

We are incredibly proud of how hard the children have worked leading up to these assessments. Our main goal for next week is to keep the atmosphere positive and stress-free. Starting the day together with a good meal is the perfect way to do just that.

Thank you for your continued support.

Warm regards,

The Year 5 & 6 Team