

Midsomer Norton Primary School

News



Issue 7
Autumn Term/Term 1/2022



Welcome to our School Magazine

In this issue:

School News – what's been going on?

All about African Snakes

Hallowe'en pumpkin and costume ideas

Colour By Number JOKES

Meet the Teacher and Interview with a British Champion!

Hallowe'en Cookery

Make a Paper Pumpkin

What is Fair Trade?

WORD WHEEL AND WORD SEARCH

and lots more!

New Look School Magazine

You may notice that this issue of the School Magazine looks a bit different to past issues...a bit more grey (*well, black, white and grey actually!*)

Well, did you know that it costs ten times more to photocopy a page in colour (*even if there is only one tiny little bit of colour on the page*) than it does to photocopy in black and white?



We are trying to do our bit by helping to cut production costs, but have decided that we still want the cover to really stand out. You may also see that fonts are smaller so we get more on a page so we don't end up copying so many pages.

We hope you agree, the School Magazine is just as brilliant, just a bit more green (*well, black, white and grey actually!*)

Cool pumpkin designs

By Elliot Gregory
(Earth)

1. The classic



2. No don't eat me



3. Your a wizard Harry



4. I don't feel to good



5. I'm a little bit dizzy



6. why is my nose so long



Coming soon ...

Poppies, as well as lots of other fabulous things, from the Royal British Legion will be on sale from our school after Half Term.

Bring your money into school when we come back in November.

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By Elliot Gregory (Earth)

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6.why is my nose so long



What is Harvest?

(Olivia Merko Earth Class)

Harvest is a time in Autumn when farmers collect in their crops that have been growing through the Spring and Summer.

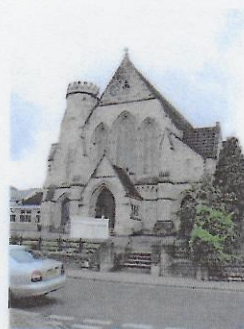
Across the world everyone celebrates harvest differently; in England we sing harvest songs, lay down flowers and some people go to church and do religious praying. We also take the opportunity to donate food items to a charity that distributes food to people in need. In Scotland, some people celebrate 'Lammas' where they make bread and take it to church to eat. In Italy they have olive oil harvests where a priest blesses the new oil, and they have a feast.

Our school celebrated harvest by singing some songs and reading poems for our parents and carers in Midsomer Norton Methodist Church.

Harvest Festival

by Amelia Nguini Amogou (Uranus)

Midsomer Norton Primary School held a Harvest Festival at Midsomer Norton Methodist Church on Monday 3rd October. Two services were held - one for Key Stage 1 and one for Key Stage 2 after. Everyone had a lot of fun. Ms Biss welcomed all of our grownups and watched us perform songs and a poem. Some grownups sat at the front and some sat at the back. I hope you enjoyed the morning if you were able to attend.



What is Fair Trade (by Olivia Merko Earth Class)

Fair trade is a system of certification that aims to ensure a set of standards are met in the production and supply of a product or ingredient. For farmers and workers, Fair Trade means workers' rights, safer working conditions and fairer pay. For shoppers, Fair Trade means high-quality produced products. You can check if something is Fair Trade when you see this symbol on food. ➡

If you buy Fair Trade products it helps farmers to get a fairer life!



Sporting Success!

Frankie, a year 5 student in Jupiter Class, wanted to share what she achieved over the summer.

Frankie told us,

"On the 25th of August we travelled to Bicton Arena ready for me to compete in the Pony Club Championship Show, which I had qualified for earlier in the year. We had 2 rounds of jumping, one round was to go clear around the course and the 2nd was a speed round. My team of 4 came 1st out of 25 teams and individually I came 14th out of 114!"

That's awesome Frankie...very well done!

Do you take part in any clubs, enjoy a hobby or pastime or won a competition? If so, we'd love to hear all about it.



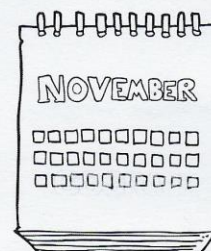
Cool facts about November

[By Inayah Yasmin - Jupiter]

NOVEMBER: the name of the month November came from the Roman word for 'ninth' - as it was the Roman's ninth month of the year.

Holidays/Festivals in November

- All Saints Day [Spain]
- Anniversary of the Revolution
- Antigua Independence Day



Meet the British Champion Interview

By Blue Belt Lucas and Yellow Belt Will

Miss Derrick is THE British Champion of Martial Arts weapons [taekwondo] including Katana, Double Mini Scythe and Nunchucks.



Miss Derrick's real name is Charis and she's gone to a lot of competitions with have people from all over the world ...and she's a master at weapons.

Where martial arts comes from

Martial arts came from China but it might have started somewhere else and it's an ancient type of fighting skill and the masters are called Samurais. They wear a lot of royal clothing and they have horses and used to be impossible to beat.



If I could fly



I would sit on a soft cloud

High up in the sky

If I could fly



I would taste the peppery spices

From the scolding sun

If I could fly

I would bounce on the wind

And fly high with the birds

If I could fly



By Isabelle



By Will Vale (Jupiter)

In the eighth century, Pope Gregory III designated November 1 as a time to honour saints. Soon after, All Saints Day came to incorporate some of the traditions of Samhain. The evening before All Saints Day was known as All Hallows Eve, and

later, Halloween.

Yet, the Halloween holiday has its roots in the ancient Celtic festival of Samhain, a Gaelic word pronounced a pagan religious celebration to welcome the harvest at the end of summer, when people would light bonfires and wear costumes to ward off ghosts!

It started 2,000 years ago in the UK and Northern parts of France. Many names changed throughout it's time

Pranks likely gave rise to the use of the phrase "trick-or-treat." Barry Popik, an etymologist, traced the earliest usage of the phrase in connection with Halloween to a 1927 Alberta newspaper article reporting on pranksters demanding "trick or treat" at houses.

And don't forget...

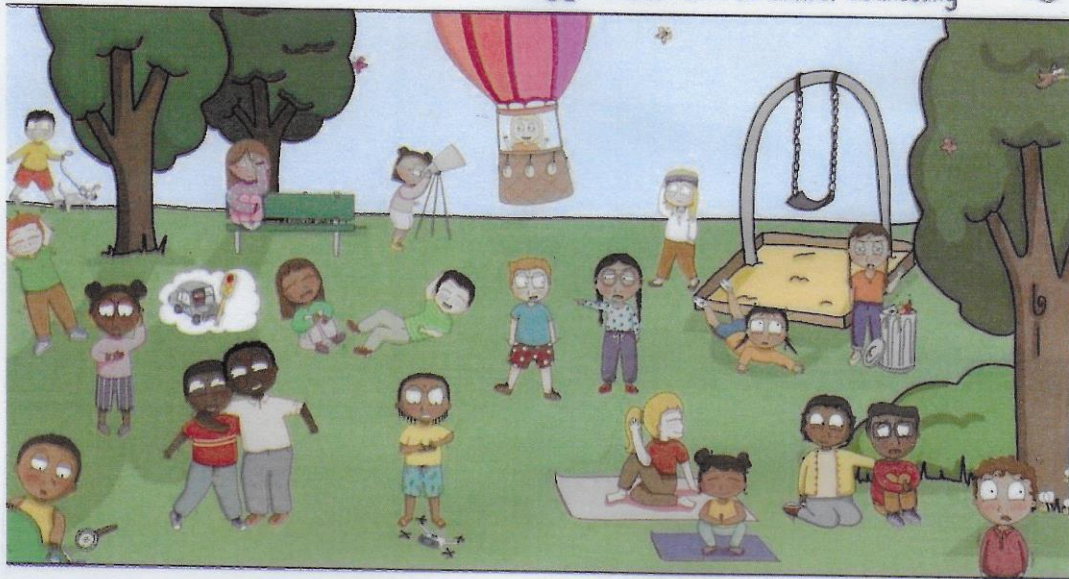


by Jenny Fry *wronus* Halloween word search

T	J	V	W	T	C	O	S	T	U	M	E	HALLOWEEN
R	G	A	V	T	M	O	F	S	K	C	T	PUMPKIN
E	L	M	Q	R	O	J	R	O	G	W	R	MONSTER
A	Y	P	Q	G	N	Z	F	H	G	K	M	TRICK
T	C	I	N	L	S	H	D	G	V	M	Y	TREAT
A	D	R	J	E	T	B	J	E	N	N	Y	GHOST
S	A	E	S	K	E	L	E	T	O	N	I	COSTUME
W	S	C	X	Z	R	W	C	C	H	I	I	SKELETON
D	W	B	J	J	H	K	O	K	L	K	K	VAMPIRE
P	U	M	P	K	I	N	B	L	T	J	M	COBWEB
T	D	J	O	L	I	U	W	N	L	S	J	
P	E	L	R	T	Q	J	E	M	B	A	D	
T	R	I	C	K	C	V	B	R	X	Z	H	

The I-Spy Feelings Challenge!

WholeHearted School Counseling



How many of the feelings can you find in this picture?

- | | |
|--|--|
| <input type="checkbox"/> 5 HAPPY OR AMUSED | <input type="checkbox"/> 1 CONCERNED |
| <input type="checkbox"/> 1 DISGUSTED | <input type="checkbox"/> 3 ANGRY OR ANNOYED |
| <input type="checkbox"/> 3 WORRIED OR SCARED | <input type="checkbox"/> 1 BRAVE |
| <input type="checkbox"/> 2 SAD OR DISAPPOINTED | <input type="checkbox"/> 2 CURIOS |
| <input type="checkbox"/> 1 EMBARRASSED | <input type="checkbox"/> 3 PEACEFUL OR RELAXED |

Halloween colour by number.

7= black
4= yellow
16= orange
11= green
2= purple

2	2	2	2	2	2	2	2	7	7	2	2	2	2	2	2	2	2
2	2	2	2	2	2	2	7	11	11	7	2	2	2	2	2	2	2
2	2	2	2	2	2	7	11	11	7	2	2	2	2	2	2	2	2
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2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2

By Elliot Gregory (Earth)

Halloween colour by number.

By Elliot Gregory (Earth)

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[illegible]

Fact file about African snakes

By Alfie.C [Uranus]

Egyptian Cobra

Unlike some species, the Egyptian Cobra (pictured left) is not able to spit its venom, but **with a bite that can kill an adult elephant in as little as three hours.**



Black Desert Cobras are one of the deadliest snakes in Egypt. They can reach lengths of nearly six feet. Their colouring is entirely black or very dark brown, and they have pure black eyes. They eat mostly reptiles, amphibians, rodents, and birds.

Python family

Pythons do not have venom and colubrids (rear-fanged snakes) either have a weak venom or lack venom altogether. Bites from venomous elapids (front-fanged snakes) should be taken seriously and treated appropriately.

Ball Pythons (pictured left) are among the most popular pet snakes. They are good beginner snakes because they are docile and easy to care. Housing for a ball python can vary from simple to elaborate. The most important thing is that you follow several rules and check in on your pet often to ensure it appears to look and act healthy.



On average, **pythons are larger than boa constrictors**. This is because anacondas are the only species of giant boa, while most other boa constrictors top out at 12-18 feet long. There are several species of giant python, however, including the African Python and the Burmese Python, as well as the reticulated python.

Vipers

Pit Vipers, such as the rattlesnake, copperhead, and cottonmouth (also called water moccasin), are poisonous (venomous) snakes. They leave one, two, or three puncture marks on the skin, but you won't always see any marks.

The Black Mamba (*Dendroaspis polylepis*) is a species of highly venomous snake belonging to the family Elapidae. It is native to parts of sub-Saharan Africa.



Top tips to grow plants

by Inayah Yasmin (Jupiter)

- Learn how to plant.
- Feed and water plants regularly.
- Start small.
- Keep an eye on pests.
- Make use of compost.
- Don't be afraid to prune.
- Be kind to wildlife.
- Enjoy your garden.



Meet the Member of Staff

This time, Jupiter Teacher, Mr Lord, takes the hot seat!

Adult's Name: *Richard Lord.*

Where were you born? *Cardiff, South Wales.*

Where did you go to university (or secondary school)? *University of Portsmouth.*

Where do you live now? *Paulton.*

Do you have any children? *Two daughters, aged 2 and 4.*

Do you have any brothers and/or sisters? *Two younger brothers.*

What did you want to do for a job when you were growing up? *A professional footballer, then a teacher!*

What one thing would you like to change about yourself? *I wish I could play an instrument - any instrument.*

Where is your favourite holiday destination? *I love nature, so a trip to the mountains would be perfect.*



What is your favourite food? *Japanese cuisine - okonomiyaki is my favourite Japanese junk food, it is like a savoury pancake.*

What's your favourite colour? *I don't really have one, so I usually pretend that it is red.*

What is your favourite music genre/band? *Guitar music - I am listening to Muse's new album at the moment.*



What is your favourite book and who is your favourite author? *SO tricky! 'When the sky falls' by Phil Earl is my favourite 'children's book' that I've read recently about two children growing up during the blitz and looking after a zoo.*

What is your favourite subject to teach and why? *English. We get to read other authors, then be creative and make something unique.*

Map showing the position of Cardiff within the United Kingdom



What is your least favourite subject to teach and why? *Cookery - because when it goes wrong it can be disgusting!*

What's the silliest thing that has ever happened to you? *In my driving test, I tried to impress my examiner by driving off calmly to begin my test. However, I hadn't realised that I'd not yet started the car!*

Do you have any fears or phobias (eg spiders, heights)? *Spiders -yuk!*



What was the last thing you bought? *Honestly. Books from Amazon and audiobooks from Audible. Such a teacher's answer :-o*

Do you have any pets? *Two ginger cats called Woodie and Bertie.*

What do you do to relax? *Walk in nature.*

Which is your favourite season and why? *I like the change of seasons. Especially spring to summer when the days are getting longer, lambs and young birds appear and we get the two week Easter holiday to enjoy it all.*

Which is your favourite: tea or coffee? *Tea (with a biscuit).*



What super power would you like to have and why? *To fly because it would be endless fun soaring through the air and I could get free holiday travel anywhere in the world.*

If you could have dinner with anyone you choose (dead or alive) who would that be and why? *Sir Alex Ferguson to find out all about my favourite football team - Manchester United.*



What 3 things would you take with you if you had to go and live on a desert island? *A spork, a toothbrush and a wide-brim hat.*

Tell us a Wow fact about yourself...have you ever broken a World Record or you are related to a pop star, for instance? *I've trekked in the Himalaya's, climbing to 5416m on the Thorong La mountain pass.*

Thank you Mr Lord.

Who will feature in the next issue? *Find out next Term.*

Sends a message to your brain that everything will be okay...and, that you can get through hard things



YOU CAN HANDLE THIS



Helps you to solve problems and find solutions



Decreases tension, stress, and anxiety

Grows the thoughtful pre-frontal cortex part of your brain

Helps you to feel more calm and capable



10 Reasons to TAKE A DEEP BREATH

WHOLEHearted
SCHOOL COUNSELLING

Clears up... foggy thinking and improves memory, attention, focus and concentration



Decreases blood pressure and slows down your heart rate

Improves your immune response, keeping you stronger and healthier



Improves self-control



Acts like a "Pause" or "Reset" button, moving you out of a Fight-Flight-Freeze state into a Relaxed & Responsive state



Be Safe Online

We want all our children to be safe online. If you need any tips or advice to be safe online, check out the links below:

swgfl.org.uk/products-services/online-safety/resources

<https://www.childrenscommissioner.gov.uk/digital/5-a-day/>

<https://www.childnet.com/parents-and-carers>



The more that you
READ,
the more things
you will **KNOW**

The more
LEARN,
more **places**
you'll go

FEELING ANGRY?

A CHECKLIST FOR YOUNG PEOPLE

- ☐ **WALK AWAY**
& cool down
- ☐ **TAKE A BREAK**
& use a calming tool
like a stress ball
- ☐ **TAKE STEADY BREATHS**
& focus on
exhaling slowly
- ☐ **PUSH AGAINST THE WALL**
or floor &
then relax
- ☐ **COUNT TO 20**
or more until
I feel calmer
- ☐ **MOVE, EXERCISE**
stretch, do yoga
or play a sport
- ☐ **USE I-MESSAGES**
& say what I
need & how I
want to be
treated
- ☐ **SCRIBBLE ON PAPER**
then rip or
crumple it up

WHOLEhearted

BEING RESPONSIBLE MEANS...

by Wholehearted School Counseling

Doing the things
that need to get
done, even if you
don't feel like it.

Choosing to do
the right thing,
even when it's
hard.



Taking ownership
for your actions,
like trying to
make a situation
better when you
make a mistake.

Following
through with
what you say
you will do.

Learn on how



Text YM to 85258 for free mental health
crisis support, any time of the day.

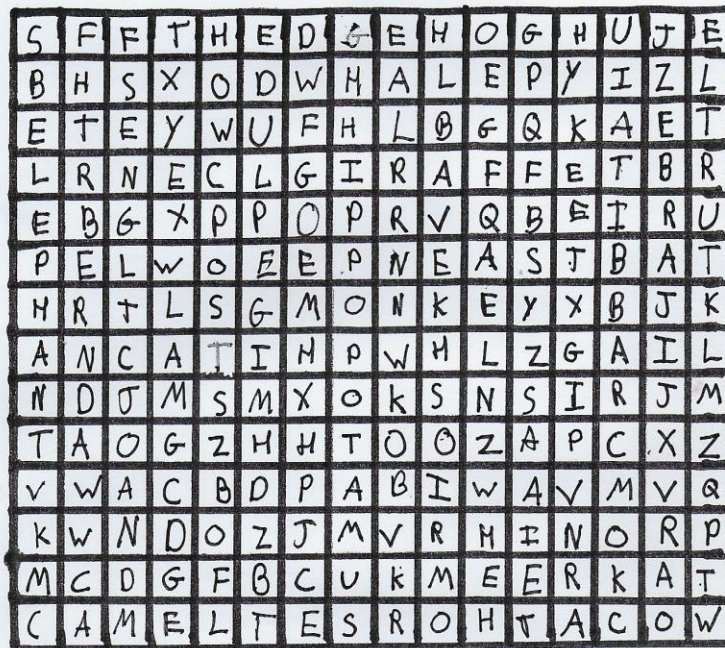
YOUNG MINDS
Crisis Messenger

ANIMAL WORDSEARCH

by Phoebe Taylor (Neptune)

Can you find these animals in the Wordsearch?

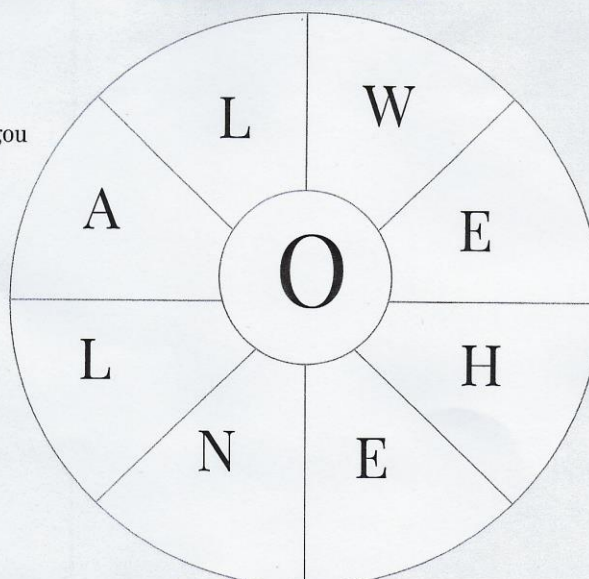
CAT	COW	CAMEL	DOG	MONKEY	SHEEP	PIG
GOAT	ELEPHANT	RABBIT	MEERKAT	TURTLE	WHALE	OWL
HORSE	HEDGEHOG	GIRAFFE	RHINO	ZEBRA	HIPPOPOTAMUS	



Word Wheel

by
Amelia Nguini-Amogou
and Jenny Fry

Can you
find the
9 letter
word?



How many words of
3 or more letters
can you make out
of these 9 letters?

Each word must
contain the letter
in the middle of
the Word Wheel
(O) and you can
only use each
letter once in each
word.

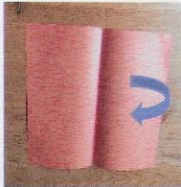
Answers
inside the
back cover!

How to make a 3D Pumpkin

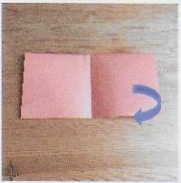
You will need:

A square piece of paper, a black pen, a green pipe cleaner and scissors.

Step 1 – Fold the piece of paper in half.



Step 2 – Fold in half again.

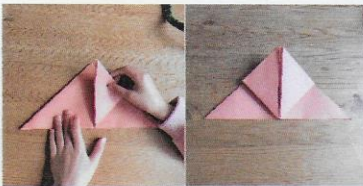


Step 3 – Hold out the right-hand flap, open it up and push it down to make a triangle.



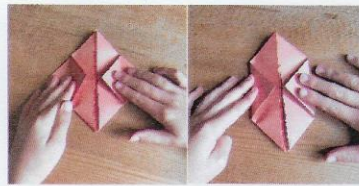
Step 4 – Turn the paper over and do the same with the square flap again.

Step 5 – fold the bottom right corner to the point at the top. Then the same on the left.



Step 6 – Turn the paper over and repeat step 5.

Step 7 – Fold the left and right-hand points to the middle. Turn the paper over and so the same again.



Step 8 – Fold the two triangle flaps at the top down to meet in the middle.

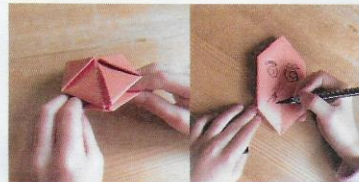


Step 9 – Open the left triangle and squeeze it open to make a pocket then push the top flap into the opening. Repeat on the other side.



Step 10 – Turn the paper over and repeat steps 8 and 9.

Step 11 – Make sure the small hole in the paper is at the top and fold the flaps inwards to leave a flat surface to draw your pumpkin face.



Step 12 – Gently blow into the small hole to inflate your pumpkin.



Step 13 – Carefully push the pipe cleaner in the hole until it touches the bottom, then cut to the length you desire.



By Isabelle B

Easy Halloween Costumes to Make

By Isabella Abdullah and Jasmine Newth

Ghost costume

Step 1 - Make the ghost mask

- Get a piece of cardboard
- Cut out a ghost shape
- Cut out eyes and mouth - **
- Colour in your ghost mask white
- Punch a hole on the side of your mask- **
- Thread elastic through the holes and tie a knot
- Your ghost mask is finished!

**** GET AN ADULT
TO HELP YOU!!****



Step 2 - Make your costume

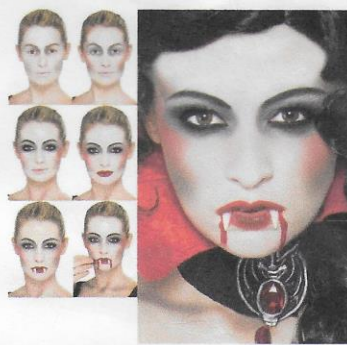
- Get some white fabric / bed sheet
- Cut a head hole and arm holes**

Put on your costume with your mask and you are ready!

Vampire Costume

Step 1 - Face Paint

- Copy the picture on the right to paint your face
- Buy fake teeth and put them in your mouth
- Put dark lipstick on



Step 2 - Make your costume

- Grab a black dress and red fabric then tuck the red fabric into the top of your dress
- Then grab a fancy necklace and put it on your neck

Step 3- Hair

- Curl your hair
- Wear it in a low bun

Your vampire costume is finished!



How to make gluten free halloween cupcake

makes: 8



Ingredients :

- 4 oz of butter
- 4 oz of caster sugar
- 4 oz of (gluten free) self raising flour
- 2 large eggs
- $\frac{1}{4}$ tsp baking powder
- $\frac{1}{4}$ tsp xanthan gum

Butter icing

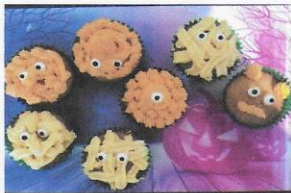
- 75 g of softened butter
- 150 g of icing sugar

Steps:

1. Preheat the oven to 170 degrees Celsius.
2. Add your butter into a bowl with your sugar and eggs and mix together
3. Add your flour, baking powder and xanthan gum, slowly mix (if you mix too fast it might go everywhere).
4. Lay a cupcake tray with 8 cupcake cases and fill them up halfway with your mixture and get an adult to put them in the oven for approximately 15 to 20 minutes.

Butter cream

1. When your cakes have cooled down add your butter and icing sugar together in a little bowl and mix. Add some food colouring to make funky colours if you wish.



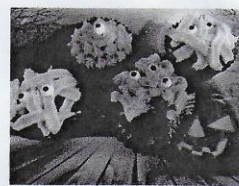
decorate and you're done.

Elliot Gregory (Earth)



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decorate and you're done.

Elliot Gregory (Earth)

Compiled by
Jenny Fry

Jokes Page

Why did the cow cross the road?
To get to the mooovies!
By Pheobe T



Knock Knock who's there
doctor,doctor who?
You just said it
Holly S

Why is 6 afraid
of 7?
Because 7 8 9!
Elliot.G



What does bread do on it's day off?
Loafs around!

Why did the cross-eyed
teacher leave school?
Because he couldn't
control his pupils!
Jasmine N

Did you know that 10+10 is the
same as 11+11?
Because 10+10=20 and
11+11=20 two!
Miss.Seymour

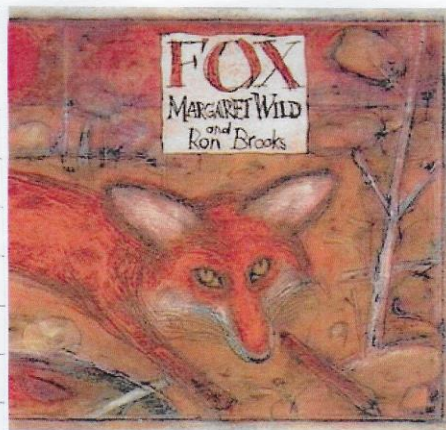
How do you know carrots
are good for your eyes?
Because you never see a
rabbit wearing glasses!
Jasmine N

Will Vale from Jupiter Class wrote a super character description of Fox.

Wednesday 28th September 2022

WALT: write a character description

Fox slowly wandered out of his hidden underground base his instincts on high alert looking for morning prey. His triangular ears twitched at the sound of quick small rabbit footsteps. The wind plucked through his very tangled marmalade fur blowing all the left overs of previous animals he had hunted away. Yawning as the morning sun rose, his tail blew rapidly in the ferocious wind. Fox angled his snout to the sky to catch the scent of more and more prey as the forest awakes. He ground his razor sharp teeth impatiently at the thought of consuming small squirrels. His golden piercing eyes glisened in the sun. His oil clipped legs started racing to his breakfast as the shy, fierce, crook side of him was released.



WORD WHEEL ANSWERS

The 9-letter word is HALLOWEEN

allow
eon
hoe
hallow
loan
won
whole
ole

aloe
enow
hone
hello
lone
woe
own

aeon
how
halo
hole
now
whoa
owl

alone
howl
hallo
low
noel
who
one

We hope you enjoyed reading this issue of MNPS News as much as we have enjoyed producing it.

We hope you are looking forward to the longer, darker evenings and all the festivities that are coming up!



What do you want to see in future issues of MNPS News?

WE NEED YOUR HELP!

Please don't forget, you can place any jokes, riddles, ideas, short stories, reviews, features, pictures, recipes, craft ideas...anything really into the box in the library.



Many thanks to:

All the contributors and children for their brilliant ideas and input.

The Autumn Term/Term 7 Journalists:

Isabella Abdullah
Leila Djouad
Olivia Merko
Phoebe Taylor

Lucas Ball
Jenny Fry
Jasmine Newth
Will Vale

Isabelle Benguey
Skye Garland
Amelia Nguini-Amogou
Eva Wood

Alfie Colfer
Elliot Gregory
Inayah Yasmin

Aicha Djouad
Sam McGroaty
Hollie Smith
Mrs Josham