# GROWING LOCAL SEEDS

#### What is Seedy Saturday?

We are a local event that offers arowers at all stages and ages the chance to share their own seeds, exchange tips and experiences, browse local products and get involved in community activities. Every year there's lots to see and do with something for all the family.

Alongside the community seed swap. this 13th anniversary event has stalls selling seeds and potatoes, spring bulbs and plants, homemade produce, local crafts, plant-based products and aifts. Plus, displays and activities, expert talks and advice, and tasty treats from the kitchen café.

By growing, saving and swapping seeds, you can help to keep some wonderful old varieties alive, conserve biodiversity and create locally adapted varieties.

So come and 'Get Seedy!' Bring your seeds, family & friends, and let's have fun swapping, sharing, growing & learning.







### Enter our prize draw for your chance to win one of three prizes!

If you would like to be kept informed of future events, including next year's event to be held on Saturday 9 March 2024, please write your name and address on the back of this slip, bring it with you to Seedy Saturday 2023 and pop it in the box on the Get Seedy! stand. You will then be entered into our prize draw with a chance to win...

> 1<sup>st</sup> prize - £20 gift voucher and seeds 2<sup>nd</sup> prize - £10 gift voucher and seeds 3<sup>rd</sup> prize - £5 gift voucher

# Seedy Saturday

# The 13th Seed Swap, **Potato Day** & Green Fair

Entry £1 **UNDER 16s** FREE

### Saturday 11 March 2023 10am - 2pm

The Conygre Hall, Timsbury, BA2 0JQ

- Bring seeds to swap or make a donation if you have no seeds to exchange
- Browse heritage and organic seeds, potatoes, onions, shallots, aarlic and plants for sale
- Purchase local preserves, crafts, home-grown and plant-based products

Swapping

- Pick up growing tips with inspiring expert talks and advice from local growers
- Fun displays and activities for all the family
- Find out about and get involved locally with groups dedicated to gardening, wildlife and sustainable lifestyles

 The Kitchen Café serving drinks, snacks and homemade cakes



Learnina

Get Seedy! with Seedy Saturday

Growing

www.seedysaturday.org.uk · seedswap@getseedy.co.uk

Sharina

## Exhibitors and Stallholders (A-Z)

Avon Wildlife Trust avonwildlifetrust.org.uk

Locally based environmental charity, dedicated to securing a sustainable future for wildlife and people through nature reserves, events, education.

voluntary opportunities, monitoring and research.

Beans and Herbs beansandherbs.co.uk

Specialising in organic seed of vegetables and herbs for home growers

and allotment holders. Huge range of bean and herb seeds.

Bountiful Earth bountiful-earth.com

Local herb walks and notebooks with nature-inspired art prints. Sharing knowledge of plants, the earth, natural cycles, and seasonal living.

Cameley and facebook.com/CameleyandCluttonToad

Clutton Toad Patrol Saving the amphibians of Cameley and Clutton from being killed on the roads.

The success of saving amphibians is growing every year.

Cam Valley cvwq.org.uk

Wildlife Group An independent local wildlife group actively involved in wildlife conservation

and enjoyment, based in the catchments of the Cam and Wellow Brooks.

Eloise Crump Selling plants and sunflower seeds to raise funds for Eloise to attend the

2023 World Scout Jamboree in South Korea.

Sarah Hamblin flamingopaperie.co.uk/web/sarahhamblin

Flamingo Paperie Exceptional quality, beautiful cards and gift wrap for everyday and special

occasions that you simply cannot do without!

Hebe Oil hebeoil.com

An organic, handmade body, face and hair oil — an all in one beautiful, natural product for everyone, made entirely from plant-derived ingredients.

Kate Westcott katewestcott.com

Designs Intricate designs of simple beauty on soft earthy linens, from stark winter trees, to bunches of tiny flowers of cow parsley in spring, these incredible images inspire

Kate all year round and appear in her work.

Pennard Plants pennardplants.com

Potatoes, potatoes, potatoes — 50+ varieties sold by the tuber. Also, heritage vegetable and flower seeds, onion sets, rhubarb crowns, fruit bushes and trees

and unusual tubers to grow and eat. "Grow what you can't buy!"

Rockaway Park rockawaypark.co.uk/community-aarden

Community Forest An ongoing project to create a forest garden built on permaculture principles Garden and that's accessible to all. A beautiful space, an educational resource and a wealth of biodiversity that benefits the community and environment.

RSPB rspb.org.uk

Now the largest nature conservation charity in the country, consistently delivering successful conservation, forging powerful new partnerships with other organisations, and inspiring others give nature the home it deserves.

David Thorne David is an avid beekeeper who loves to talk about bees. Find out more about

Local Beekeeper these fascinating and essential insects.

Timmy's Chillies timmyschillies.com

Marmalades Made by hand locally and packed with over 50% fresh fruit, they come in a and Jellies range of flavours and heat strengths, "Fruity and delicious, with chilli on the

Weleda Wellbeing facebook.com/WellbeingAdvisorStefMillsSomerset

Advisor - Stef Mills Offering advice and demonstrations on the organic and natural cosmetic range from Weleda - the oldest organic, biodynamic skin care company in the world.

### **Expert Talks**

Talks take place on the stage. Each talk will last for about 20-30 minutes, with time for questions and answers.

11.00am First Aid From Your Garden • Helen Gray • Malago Medicinals

facebook.com/malagomedinicals

12.00pm Bees — How Does A Colony Work? • David Thorne

All details correct at time of going to print. Exhibitors, talks and activities are subject to availability and/or change.



#### Enter our prize draw for your chance to win! (details overleaf)

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Postal Address: —	77	5

**Terms and conditions:** Only one entry per household • All entries must be made in person at Seedy Saturday 2023 • The draw will be made on Sunday 12 March 2023 and winners notified within seven days • No cash alternative will be given • You will only be contacted by Get Seedy! or Seedy Saturday • Your details will not be passed onto anyone else • You can unsubscribe at any time • Enjoy your garden!