

Attention Parents/Carers !



Are you parenting a child with a disability/special need?

Join our **Parents Plus 'Special Needs Programme'** and meet other parents in a supportive group to help your child reach their full potential.

Support your child to:

- Learn social skills and build friendships
- Gain confidence and self-esteem
- Be more independent
- Deal with puberty and sexuality

As a parent, learn how to:

- Personally cope and manage stress
- Deal with the challenges
- Support the needs of your other children
- Manage challenging behaviour

Weekly from **Monday 7th September – 19th October 2026**
(excluding school holidays or Bank holidays)

at Bath Children and Family Centre, 12 Charlotte Street, Bath, BA1 2NE
from 10.00am to 12:00pm

For more information or to reserve your place please contact:

DCT_parentingprogramme@bathnes.gov.uk


ParentsPlus
Empowering Professionals to Support Families

**Bath & North East
Somerset Council**

Improving People's Lives