



Five week online course for parents and children

**Join a virtual group cookery session with
optional cook along to discover how to
make easy, healthy recipes**

- Free recipe booklet and links to our **NEW** video recipes
- Support with meal planning and budgeting
- Every family who completes the course receives a **£25 supermarket voucher** to put towards buying ingredients or equipment for recipes

Upcoming course start dates:
4-5pm Thursday 13th January
5-6pm Monday 17th January
4-5pm Tuesday 18th January
4-5pm Tuesday 28th February

Call or email the Community Wellbeing Hub to book
Tel: 0300 2470050
Email: bathnes.thehub@virginicare.co.uk

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