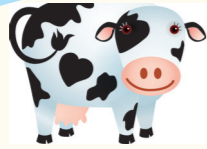


# Week 3 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Sweet & Sour Chicken  
6

Beef Bolognese with Pasta  
5,8

Roast Chicken with Gravy  
6

Pork Meatballs in Tomato Sauce  
5,8

Fish Goujons  
4,5

Main

Vegetarian Cottage Pie  
2,3,6,8,12

Cauliflower & Broccoli Pasta  
2,5,7,12

Cheese & Onion Quiche  
2,3,5,12

Lentil Bolognese  
6,7,8,9,11

Vegetable Gratin  
5,7,8,9,11

Served With

White Rice, Broccoli & Cauliflower

Sweetcorn & Carrots

Roast Potatoes, Peas & Carrots

Pasta & Green Beans

Oven Chips, Baked Beans & Peas

Jacket Potatoes

Tuna Mayo 3,4,7  
Beans/Cheese 2

Tuna Mayo 3,4,7  
Beans/Cheese 2

Tuna Mayo 3,4,7  
Beans/Cheese 2

Tuna Mayo 3,4,7  
Beans/Cheese 2

Tuna Mayo 3,4,7  
Beans/Cheese 2

Puddings

Chocolate Cake 3,5,12  
Yoghurt 2,11  
Fresh Fruit Salad 11

Jam Sponge 3,5,12  
Yoghurt 2,11  
Fresh Fruit Salad 11

Summer Fruit Crumble 5,11  
Yoghurt 2,11  
Fresh Fruit Salad 11

Somerset Apple Cake 3,5,12  
Yoghurt 2,11  
Fresh Fruit Salad 11

Ice Cream 2,12  
Yoghurt 2,11  
Fresh Fruit Salad 11

KEY - Any dietary requirements please contact the kitchen

1	Contains Celery	3	Contains Eggs	5	Contains Gluten	7	Contains Mustard	9	Contains Soya	11	Vegan
2	Contains Dairy	4	Contains Fish	6	Gluten Free	8	Contains Onion	10	Contains Sulphates	12	Vegetarian



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EST. FARM 1991  
FOODS