



As we are not in school tomorrow to observe the 2 minutes silence for Remembrance Day, we observed it today at 11am during a special Remembrance Day assembly where each class shared some work about this special day. Thank you to all those children who wore their Brownie, Cub and Beaver uniforms in honour of this day.



Christmas is now underway! Children in Cherry, Maple and Willow will soon be receiving letters about the parts they will be playing in their nativities. Help with providing costumes and learning lines is always greatly appreciated.

Finally, a quick reminder about clubs. The majority of these are run on a voluntary basis and may occasionally have to be cancelled due to clashing schedules however, we will always try to give notice wherever possible. When you sign your child up for a club, please make a note of timings. Although most clubs run across 2 terms, lasting 10 weeks, some clubs due to popularity have been divided in two groups to allow as many children as possible to take part. Cross-country this term is for those children in Years 3 and 4 and football club is for children in Years 5 and 6.

***Mrs Cowgill and Mr Turull***

### **Children in need- 17th November 2023**



Children are invited to join in the fun for the Children in Need appeal by wearing spotty clothes or pj's. If you would like to donate to the appeal please use the following link to do so as we are a cashless school.

<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=13128>



## **Bulb Show**

Many thanks to Lisa and Sean from Clutton Horticultural Society for coming into school yesterday to talk to the children about planting bulbs ready for the Bulb Show in March. The Horticultural Society has very generously given every child in school, three daffodil bulbs and a hyacinth bulb (which your child should have brought home today).

The Bulb Show is a lovely community event, held every year in the school hall where the children display the daffodils and hyacinths that they have grown at home. It also includes an exhibition of the children's artwork and writing as well as a showcase of other creative Spring crafts (seed pictures, Easter bonnet decorating and miniature gardens). We will give you more information nearer the time, but in the meantime, please plant your bulbs ready to bring into school in March. Any pot or container will do - it could even be an ice cream tub. We look forward to seeing your beautiful blooms in March!



## **Christmas Fayre Stalls**

Children at Clutton are invited to host their own stall at the Christmas Fayre this year, which is on Saturday 2nd December 11am - 2pm. This is the opportunity for children to create a stall and run their very own small business for the day.

Are they into arts and crafts? Could they make items that people might want to buy eg. fridge magnets, Christmas decorations, jewellery etc... Or perhaps they are a keen baker, or even have a good game they think others would like? The list is endless. If your child is interested, please can you submit the following to the PTFA via email [PTFA@cluttonschool.com](mailto:PTFA@cluttonschool.com) by Monday 13<sup>th</sup> November.

Childs Name/s:

Child's Class/es:

Supporting Adults Name and contact details:

What will your stall be selling:

A little more information on how the stall works/raises money:

***Please note, we are limited on space and therefore will have to limit the number of stalls.***

If possible, please consider teaming up with friends or other students who can help create content for your stall, and also take it in turns to man the stall so that all children (stall holders or not) can have the opportunity to enjoy the rest that the Christmas Fayre has to offer.





## **Hamper Raffle**

This year the Christmas Raffle will be a little different. Each class will be creating their own hamper to enter into the raffle. On Friday 24<sup>th</sup> November the children will be invited to wear non-uniform to school. Instead of bringing a cash donation on this day, we ask that they please bring in an item for their class hamper. Examples- Chocolates, smelly set, candle, sweets, toy/game, bottle of wine, biscuits.... Items need to be new and unopened please. What would you like to see in the family hamper?

The PTFA will then put all class donations into a hamper. Raffle tickets will then be on-sale.

Note: All 7 hampers will be in the same raffle, so no need to buy different tickets for separate classes.

Raffle will be drawn at the Carols by Candlelight service at the school on Monday 18<sup>th</sup> December.

## **Update to Parentpay lunch bookings**

There is now a new function within Parentpay which will notify you of any pre-ordered meal cancellations.

Booking Notifications

Please let us know where to send notifications about cancelled pre-orders.

Your Email Address:

☐ No thanks. Don't ask me this again

Cancel Okay

This means that if the Catering team makes changes to the menus, and you have pre-booked meals, you will be notified if a meal has been cancelled.

You will need to enter your email address when prompted after selecting your child's meal within Parentpay.

We hope that this will be helpful to you and eradicate any confusion moving forward with menu changes.

Please contact the office if you have any questions.

## **Sport Update**

Well done to the Year 6 Football team who took part in the Small School Football Tournament at Norton Hill. The team did a fantastic job, winning one and losing two games on very soft refereeing decisions! The team now look forward to their league campaign as they take on Welton, St Julian's and Farrington all in November.





## Certificates of the week

### Head Teacher Awards

Congratulations to Timmy, Joel, Rory, Noah, Millie and Albie for receiving the Head Teachers Award today.

### Doodle Maths

Children with the most Doodle Stars this week are:

**Doodle Maths** - Maddie, Arthur, Florence, Charlie, Joshua, Grace and Oscar.

**Doodle Tables** - Henry, Alfie, Max, Maddie and Oscar.

Congratulations to Oscar for receiving the most stars in the school this week. 400 stars well done!!

### Other Achievements

Erin showed her gymnastics medals in assembly today.





### **Notices**

- **Appropriate clothing** - As the weather is getting colder and wetter, please can you ensure your child has a pair of named wellies in school and a coat.
- **Clubs** - Just to clarify that Multi Sports, Sewing Club and Art Club finish at 4.15pm. All other clubs finish at 4pm. Cross country club is now for children in Year 3 and 4 this term.
- **Data Collection** -There are still a few outstanding data sheets. Please ensure that these are returned as soon as possible.
- **Home school agreement** - if you haven't signed the [Homeschool Agreement](#) please can you complete this asap.
- **Long hair** - For reasons of health and safety, long hair should always be tied back.
- **School day** - Begins at 8.45am and ends 3.15pm. The gates close at 8.50am each morning.
- **School Dinners** -The Christmas Menu for 13th December will be added by Catering for you to book thereafter.
- **School pick up** - Please remember to inform the school if collection arrangements are different from normal.
- **Please do not allow your child to climb on the school wall, fence or gates. Thank you.**

### **Diary Dates**

Tuesday 14th November	Football Match Vs Welton @Welton
Friday 17th November	Children in Need
Tuesday 21st November	Year 4/5 Cross Country @Downside
Monday 27th November	Sportshall Athletics @ Wellsway
Tuesday 28th November	Football Match Vs St Julian's & Farrington @NH
Thursday 30th November	Sycamore Class trip to Roman Baths
Thursday 30th November	Rowan Class learning exhibition to parents 2.30pm
Saturday 2nd December	PTFA Christmas Fayre @ school 11am - 2pm
Tuesday 5th December	KS1 nativity - 9.30am Pantomime @ Farrington Gurney - 1.30pm
Wednesday 6th December	KS1 nativity- 2.15pm
Monday 11th December	Cherry Class nativity 9.30
Wednesday 13th December	Christmas lunch
Tuesday 12th December	KS2 Carol service. Time TBC
Monday 18th December	Carols by candlelight 4.30pm
Tuesday 19th December	LAST DAY OF TERM





# Caring for children with COUGHS



This leaflet contains information about how to look after a child who has a cough (not due to asthma).  
For more detail see [www.bristol.ac.uk/child-cough](http://www.bristol.ac.uk/child-cough)



## COUGH

Coughs can last for 3-4 weeks and make your child feel quite unwell but will still get better by themselves.

'Noisy chests' or 'chesty coughs' are quite common when young children catch a cold and are not necessarily a sign of a 'chest infection'.

Healthy children typically get a cough 7-10 times a year and this is not a sign that there is anything wrong with their immune system.

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## DISTURBED SLEEP

Coughs will often wake your child in the night. When the child lies down, more of the mucus from the nose and throat runs downwards and your child coughs more to clear it.

Coughing is part of the body's defence system which helps keep the lungs clear and fight the illness. Unfortunately this can wake the child in the night but does not mean the illness is more severe.

For children over 1 year, a spoon of honey (perhaps in a warm drink) half an hour before bed may help them to wake less often.

For children over 2 years, vapour rubs (containing camphor, menthol and/or eucalyptus) may help children sleep better.



## FEVER/HIGH TEMPERATURE

In children, a temperature of over 37.5°C is considered a fever.

Fever is a normal response to illness and does not harm children. It may even help to fight illness.

Children with a high temperature may be more likely to have a more severe illness, although most do not. Occasionally a child may have a fit. This shouldn't cause harm and treating the fever doesn't prevent it.

It is safe to use child paracetamol and ibuprofen to manage children's fever (and pain) for as long as needed. Follow the dosage on the bottle.

## DRINKING/EATING LESS

Children often eat and drink less when they have normal childhood illnesses. Most children can go a few days without eating much and this will not affect their longer term growth and development.

All children need to drink regularly to avoid becoming dehydrated, especially if they are vomiting.

To help prevent dehydration, encourage your child to have sips of water.



## WHEN TO SEE THE DOCTOR

Arrange to see or speak to your doctor today if any of the following occur:

### RAPID OR DIFFICULT BREATHING (DEPENDENT ON AGE):

AGE OF CHILD	BREATHING RATE
Babies under 6 months	over 60 breaths per minute
Babies 6-12 months	over 50 breaths per minute
Children over 1 year	over 40 breaths per minute
Any age	Being short of breath (as if your child has been running) or is 'working hard' to breathe when resting
Any age	Skin between and below the ribs gets sucked in each time your child takes a breath

### HIGH OR PERSISTENT FEVER (DEPENDENT ON AGE OF CHILD):

AGE OF CHILD	TEMPERATURE
Babies under 3 months	38°C or more
Babies 3-6 months	39°C or more
Children over 6 months	over 37.5°C for more than 5 days
If your child has a fever fit, call 999 or take them to A&E.	

### VOMITING (DEPENDENT ON AGE):

AGE OF CHILD	SYMPTOMS
Babies under 3 months	Vomiting + fever of 38°C or above
Babies 3-6 months	Vomiting + fever of 39°C or above
Children over 6 months	Vomiting + fever + extremely drowsy or listless
Any age	Severe vomiting (child not able to hold down fluids for 8 hours or showing signs of dehydration)
Any age	Persistent vomiting (more than 2 days)

### SKIN PALER THAN USUAL

If your child appears much paler than usual; hands and feet are very cold while their body is warm. If skin, lips or tongue appear blue, call 999.

### PAIN

Pain in the chest (not when coughing) combined with fever and rapid breathing.

### HARD TO WAKE / UNRESPONSIVE

Cannot be woken or wakes only slightly and then immediately goes back to sleep.

If your child wakes only with lots of stimulation, or is much less responsive to social stimulation (smiles and talking) than usual.

### NOT FEEDING

Babies under 1 year: if your child stops feeding entirely.





the national  
**sleep**  
helpline

# Does your child suffer with sleep issues?

Do you struggle  
with your child's  
bedtime?

Will your child  
not sleep in  
their own bed?

WE CAN HELP

 **03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm  
Monday & Wednesday 9am - 11am