<ul> <li>Fruit triangles</li> <li>200g oat biscuits</li> <li>75g butter</li> <li>2 tbsp. cocoa</li> <li>3 tbsp. golden syrup</li> <li>2 tbsp. raisins, currants or sultanas</li> <li>2 tbsp. other dried fruit - cranberries, mango, apple, banana, dates, apricots</li> <li>8" cake tin/ovenproof dish</li> </ul>	<ul> <li>Stuffed vegetables</li> <li>4 flat mushrooms or 2 - 3 peppers</li> <li>2 tbsp. cream cheese</li> <li>4 spring onions</li> <li>1 small tin sweetcorn</li> <li>250g cooked rice pouch</li> <li>1 (dry) vegetable stock cube</li> <li>100g grated cheese</li> <li>Large container with lid</li> </ul>
Sweet scones • 200g self-raising flour • 50g butter • 50g caster sugar • 75g raisins/cherries • 100ml milk • 1 egg • Large container with lid	Cheese scones • 200g self-raising flour • 50g butter • 75g grated cheese • Dried herbs/mustard powder - optional • 100ml milk • 1 egg • Large container with lid
Savoury bake For sauce: 30g butter 30g plain flour 400ml milk 2 baking potatoes 75g cheese Large ovenproof dish Optional fillings: Tin tuna fish 4 slices of ham 100g frozen peas Small tin sweetcorn 4 spring onions	<ul> <li>Fairy cakes <ul> <li>120g butter</li> <li>120g caster sugar</li> <li>120g self-raising flour</li> <li>2 eggs</li> <li>100g chocolate chips, cherries or raisins</li> </ul> </li> <li>Large container with lid</li> </ul>
<ul> <li>Sausage and bean</li> <li>casserole</li> <li>1 onion</li> <li>1 carrot</li> <li>1 pepper</li> <li>6 - 8 sausages</li> <li>1 tin of beans (baked beans or beans in chilli sauce)</li> <li>1 tin of chopped tomatoes</li> <li>Large ovenproof dish</li> </ul>	<ul> <li>Cheese and onion quiche</li> <li>250g plain flour</li> <li>125g butter</li> <li>1 onion</li> <li>75g grated cheese</li> <li>3 eggs</li> <li>300ml milk</li> <li>Herbs (optional)</li> <li><u>8-10" cake/tart/pie tin</u></li> </ul>