 Thai Green Curry 1 onion 4 spring onions 1 green pepper 2 chicken breasts or alternatives 4 tbsp. Thai green curry paste 2 tbsp. soy sauce - school supply 1 tbsp. brown sugar - school supply 400ml coconut milk Large container with lid 	 Indian Korma Curry 1 onion 3 tbsp. mild curry powder 2 chicken breasts or alternatives 1 chicken/vegetable stock cube 100g ground almonds 50g flaked almonds 200ml coconut milk or double cream 200ml pineapple chunks in juice Large container with lid
Chow Mein 1 onion 1 pepper 1 courgette 1 carrot 2 chicken breasts or alternatives Ready cooked rice/noodles 3 tbsp. tomato ketchup 2 tbsp. soy sauce - school supply 2 tbsp. honey - school supply Large container with lid	 Spring Rolls 1 carrot 100g beansprouts Bunch of spring onions 1 pepper ½ white cabbage or 1 pok choi 4 tbsp. soy sauce - school supply 1 packet of filo pastry 1 egg Large container with lid
 Samosas 1 onion 2 large potatoes 3 tbsp. mild curry powder 100g frozen peas 1 packet of filo pastry 1 egg Large container with lid 	Cherry Bakewell Cake 180g caster sugar 180g butter 130g self-raising flour 50g ground almonds 3 eggs 100g dark chocolate 100g glace cherries 1 tsp almond extract - school supply Large container with lid
 Enchiladas 1 onion 1 pepper 1 chilli 2 chicken breasts or alternatives 2 tbsp. tomato puree 1 tin of chopped tomatoes 1 tin of kidney beans 150g grated cheese 6 – 8 tortilla wraps Large ovenproof dish 	