

<p>Thai Green Curry</p> <ul style="list-style-type: none"> • 1 onion • 4 spring onions • 1 green pepper • 2 chicken breasts or alternatives • 4 tbsp. Thai green curry paste • 2 tbsp. soy sauce - <i>school supply</i> • 1 tbsp. brown sugar - <i>school supply</i> • 400ml coconut milk • <u>Large container with lid</u> 	<p>Indian Korma Curry</p> <ul style="list-style-type: none"> • 1 onion • 3 tbsp. mild curry powder • 2 chicken breasts or alternatives • 1 chicken/vegetable stock cube • 100g ground almonds • 50g flaked almonds • 200ml coconut milk or double cream • 200ml pineapple chunks in juice • <u>Large container with lid</u>
<p>Chow Mein</p> <ul style="list-style-type: none"> • 1 onion • 1 pepper • 1 courgette • 1 carrot • 2 chicken breasts or alternatives • Ready cooked rice/noodles • 3 tbsp. tomato ketchup • 2 tbsp. soy sauce - <i>school supply</i> • 2 tbsp. honey - <i>school supply</i> • <u>Large container with lid</u> 	<p>Spring Rolls</p> <ul style="list-style-type: none"> • 1 carrot • 100g beansprouts • Bunch of spring onions • 1 pepper • ½ white cabbage or 1 pok choi • 4 tbsp. soy sauce - <i>school supply</i> • 1 packet of filo pastry • 1 egg • <u>Large container with lid</u>
<p>Samosas</p> <ul style="list-style-type: none"> • 1 onion • 2 large potatoes • 3 tbsp. mild curry powder • 100g frozen peas • 1 packet of filo pastry • 1 egg • <u>Large container with lid</u> 	<p>Cherry Bakewell Cake</p> <ul style="list-style-type: none"> • 180g caster sugar • 180g butter • 130g self-raising flour • 50g ground almonds • 3 eggs • 100g dark chocolate • 100g glace cherries • 1 tsp almond extract - <i>school supply</i> • <u>Large container with lid</u>
<p>Enchiladas</p> <ul style="list-style-type: none"> • 1 onion • 1 pepper • 1 chilli • 2 chicken breasts or alternatives • 2 tbsp. tomato puree • 1 tin of chopped tomatoes • 1 tin of kidney beans • 150g grated cheese • 6 – 8 tortilla wraps • <u>Large ovenproof dish</u> 	