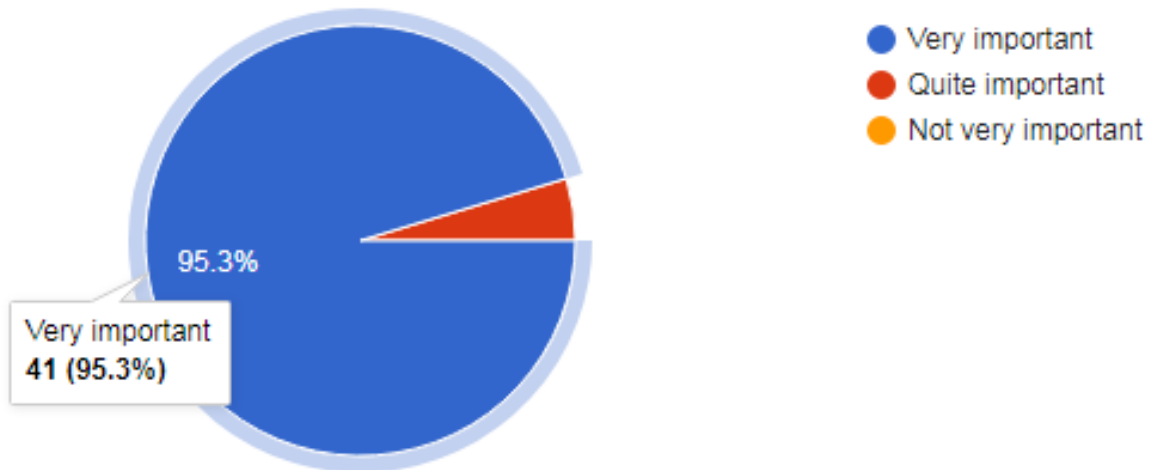


## Responses from the ADULT OPAL Survey: May 2018

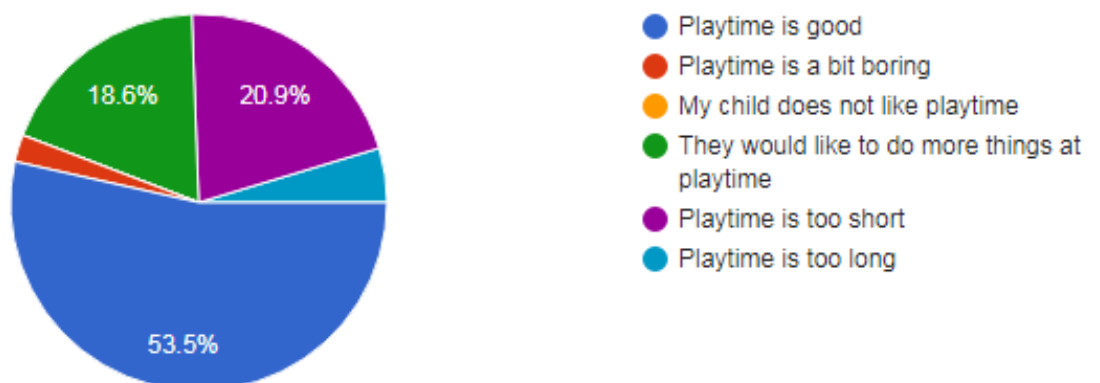
### How important do you think playtime is for your child?

43 responses



### Currently, how much does your child enjoy their school playtimes? (Feel free to ask them!)

43 responses



Thinking about your own childhood, what type of things do you remember playing as a child both at school and in and around your home environment? 42 responses

Organised games like Mr Wolf (2)

Tree climbing, hopscotch, skipping (2)

Skipping, tag, bikes, roller booting, climbing trees making dens

40/40, hide & seek, hopscotch, what's the time Mr Wolf!

Hopscotch at school

Handball

Whats the time Mr Wolf and making dens

Tag, bikes

Hop scotch getting dirty running

Skipping games

Skipping rope games

Catch, hide and seek, British bulldog

Hide & seek, role play, dolls, ball games

Rope games, bikes, stilts, climbing trees, tag, daisy chains, tag, balls, hop skotch, pretend games, gymnastics, card games, string games, kiss cuddle and torture.

Fortune cookies. Cricket, netball, races.

Chasing friends

Hoops, yoyos, carpet squares to sit on and make dens ect, football, hopscotch, water play, sand, role play, imaginative play, Bull dog, tag

Hop scotch, skipping, British bull dogs. Riding my bike, kerby, cricket, rounders, hide and seek

Assault course

Playing outside

Hop skotch, tag, hide and seek. Riding bikes, running races.

Climbing , skipping ropes, tag, cops and robbers , risk taking without being told to get down or be careful. Getting dirty, making mud pies or perfumes, playing with hoops, having races, being imaginative without being told you can't do something.

Hula hoop, tennis, hop scotch

Hula hoops, skipping, football

We didn't have any equipment in our playgrounds (went to more than one school) so we had to make up games like skipping, clapping games and doublers (two balls).

Covered areas for when it was raining was always appreciated. I had freedom to roam streets, and countryside at grandparents at weekends. When I was with my friends, there was no way for my parents to contact me - brilliant!

Playground at school.

Making dens

Skipping, bulldog, football

Running games, rounders

going out side to play and bike riding

Swings, slide. Tree ropes and tree climbing.

Making shops with leaves and flowers, playing in haybales, playing chase in the fields, playing in dens

Throwing tennis balls, jumping on large boulders, playing tag.

Playground Games, Climbing frame, sand pit, playing on grass.

A lot of sport

I had a large playing field at School so was happy just running around playing normal childhood games. Play around home environment included tennis, horse riding, swimming, playing in the woods and anything outdoors (husbands childhood play included anything which involved a football).

Tag, footy, war

Hide and seek

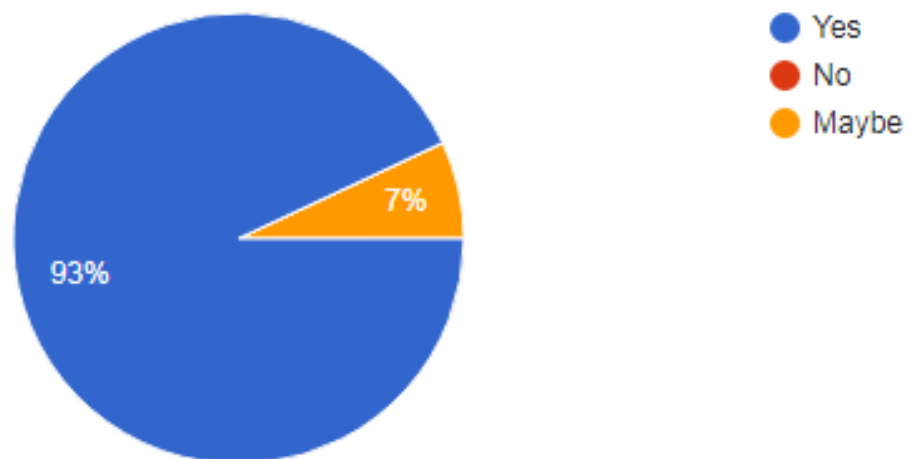
Ball game as volleyball

Marbles, long rope skipping games, French skipping (with elastic), Cat's Cradle, tree climbing, den building

Building dens, roller-skating & skipping

## Did you benefit as a child from your play experiences?

43 responses



If yes, please tell us how (for example what skills to did you gain or how did it help you develop as a child)<sup>35 responses</sup>

Counting skills, social skills (not feeling left out) (2)

Gave me exercise and confidence.

Helps to socialise and work as a team. Also makes you play with children you might not usually play with.

Handball training

Riding a bike, social skills,

Socialisation confidence sharing happiness

Built friendships and kept fit

Physical and social skills

Just enjoyment of free time to unwind

Using pe equipment helped me keep fit.

I'm probably bias as I have a Wellbeing and psychology background. It would be social boundaries and interactions, friendships, as well as physical motor control and exercise. Learning how to hold a conversation, and social interactions.

Exercise, fresh air, appreciation of environment and weather. Socialise with non-classmates. Large grass playing/sports field in summer was great and better than smaller tarmac playground.

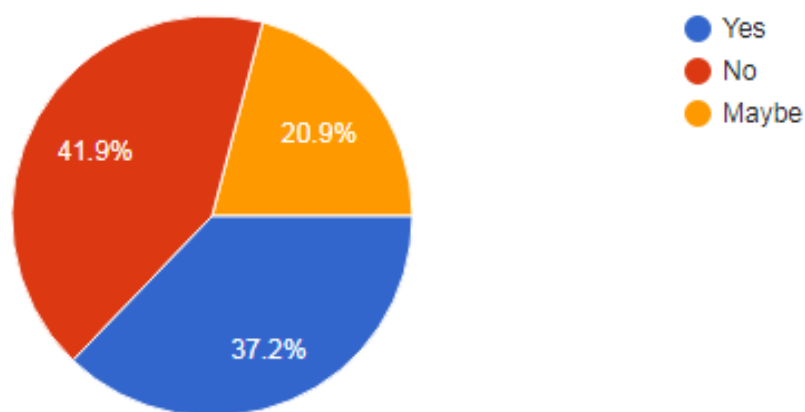
Learn to share, learn to play well with others, listening to others ideas in play, grows friendships, explore and learn facts in a fun way kids remember more when things are funny and interesting, likes and dislikes, what things I was good at and things I enjoyed but maybe didn't get to do at home, explore new ideas and interests

Socialising, coordination

Motor skills. Coordination  
 Socialising with other children built confidence.  
 Making own risk assessments, pushing myself to go out comfort zone, confidence, sense of achievement feel good factor, getting dirty is good.  
 Physical co ordination. Team playing skills  
 independence, imagination to make up games  
 Skipping. Learning outdoor games  
 Independence and creativity  
 Playing together, limits, sport  
 Make friends, understand rules of a game, teamwork, imagination  
 just being with others and not being inside on games  
 Freedom  
 Creativity, imaginations, socialisation, having fun  
 Good level of physical ability  
 Organising games, getting on with other children  
 Confidence, team work, social interaction  
 Play helped me develop as a healthy fit child  
 Became more sociable  
 Self confident, motor coordination, communicate skills, solve the problems  
 Marbles - technical skills, learning to accept the loss of favourite/ special marbles, competitiveness. Long rope skipping and French skipping - fitness, team playing, co-ordination, learning rhymes Cat's Cradle - creativity, co-ordination Tree climbing and den building - enjoying the physicality of the outdoors, risk taking, challenge  
 It kept me fit, plus built invaluable social skills

## Do you feel your own child has the same play opportunities to play outdoors as you did?

43 responses



If No, why not? 22 responses

We live on a road and not on a housing estate so she always goes out with a parent and we are busy.

They have less opportunities to play, much of their play is around screened devices. It takes a lot of parental encouragement to get them to play. Introducing new games and ideas could help

Busier lifestyles we were allowed to go out on our own and come back home when it started to get dark it seems too risky these days

We had a playing field at school

There is more equipment available now.

The structured play time rota, does not allow development and continuation of games and restricts free choice. Coming from a psychological perspective, when we do this to adults, ie dictate their lunch or break time, this would impact their engagement, performance (as no off /relaxed time), when people feel restricted in choice they push back. Therefore, more play opportunities and choices are good, but we need to let people have freedom of choice in order to gain the benefits of a break on their return.

No grass playing/sports field on school grounds, but they do have climbing frames etc. which I did not have.

Health and safety

Not as free to play

Children are too interested in technology now that we didn't have as children. But I really encourage my kids to play outdoors and they enjoy playing outdoors.

Not enough challenges, reception age kids not allowed on 'big pkyground' Less space, no school field, banning ball games at play time, dinner ladies not helping children engage in play, no equipment , constant risk assessments/ paper on equipment. Schools weary of kids getting dirty or hurt and parents complaining.

School is more structured, with more homework and less free time

Less playtime at school. Less freedom in society

Kids not inclined to want to play outdoors, we have to push them out - although it was like that when I was young. But once forced out, loved it!

Space is limited

too much traffic about

Safety

Lots less space, and more rules.

The area they have is a lot smaller

The school playground and lack of field is far from suitable in my opinion. At home yes they have the same opportunities.

They prefer play on electronic, if they outdoors they do not use own initiative

Health & Safety gone crazy in an attempt to keep them 'safe'

If school could improve the play opportunities they offer, what types of things would you like to see and why?<sup>29</sup> responses

Organising a space for children who feel left out a playtime to go, resulting in those children being able to play together. (2)

Bikes, circus skills, scooters balls for basketball, netball and football.

Access to equipment like netballs so they can practice shooting, passing, - a place to run - track of some kind maybe lunchtime sport clubs

Swimming

Wigwam or other 'den' type construction

Bikes, team building games, team games.

Outdoor experiences learning about nature and the environment

More physical activities, eg obstacle course and games/resources to encourage communication and problem solving

Split playtimes so more room to play

Perhaps a friendship bench?

Freedom of choice, not restricted choice. Ball games, and climbing. Maybe an indoor choice, I used to be a library helper, especially on rainy days!

The school does the best they can with the limited space they have. Ideally, I would like them to expand their grounds to include a grass playing field. Sports are done on the nearby recreation ground, which is fine, but this is not available for their daily play.

Skipping, hopscotch, more painted ground games, bigger climbing frame to exclude ks1 children

Outdoor pe for all ages

Trained engaging staff that don't just monitor and watch kids at Play time. I think kids need help to play some kids don't know how to. Football opportunity. More space created.

More play equipment, ball games

Skipping ropes, obstacle course, racket games, giant puzzles, giant bricks for building, water games in summer

I think what school offers is fine

More access to the wooded spaces and adventure play

More space to provide more equipment and choice

More freedom and choice of play opportunities, different areas used

Different equipment and activities

Outdoor kitchen, forest school, fields,

Loose parts, hammocks, balls, ekes tics, chalks ....

More diverse games. Maybe opportunities for more creative activities. Kicking round a football is not enough.

More space and a playing field although I appreciate that's not possible!!!

Longer play times

It would be great to see the introduction of the old fashioned classic games as it will go a long way in enhancing the children's social skills (the need for closer interaction and communication), fun fitness etc

## Feel free to add any other comments 7 responses

Less ticking boxes and exams at such young ages, let them explore and be happy without any pressures of the modern world.

My daughter very much enjoys playtimes

Thank you for the opportunity to offer my thoughts

Overall, our children are very happy with their play facilities at the school.

The hopscotch already there can barely be seen

Too much screen time everywhere (although we limit at home) so whatever can be done to help reduce is appreciated. Schools should ban mobile phones for a start... (more relevant to secondary schools)

We appreciate the school looking at opportunities to enhance the children's play as a way of assisting with learning. Thank you.