

**HIGH LITTLETON CHURCH OF ENGLAND PRIMARY SCHOOL**  
**PSHE OVERVIEW**  
**RECEPTION**

<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>	<b>Term 5</b>	<b>Term 6</b>
<b>Being Me in My World</b>	<b>Celebration Difference</b>	<b>Dreams and Goals</b>	<b>Healthy Me</b>	<b>Relationships</b>	<b>Changing Me</b>
Self-identity	Identifying talents	Challenges	Exercising bodies	Family life	Bodies
Understanding feelings	Being special	Perseverance	Physical activity	Friendships	Respecting my body
Being in a classroom	Families	Goal-setting	Healthy food	Breaking friendships	Growing up
Being gentle	Where we live	Overcoming obstacles	Sleep	Falling out	Growth and change
Rights and responsibilities	Making friends	Seeking help	Keeping clean	Dealing with bullying	Fun and fears
	Standing up for yourself	Jobs	Safety	Being a good friend	Celebrations
		Achieving goals			