

## HIGH LITTLETON CHURCH OF ENGLAND PRIMARY SCHOOL

### PSHE OVERVIEW Year 3

<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>	<b>Term 5</b>	<b>Term 6</b>
<b>Being Me in My World</b>	<b>Celebrating Difference</b>	<b>Dreams and Goals</b>	<b>Healthy Me</b>	<b>Relationships</b>	<b>Changing Me</b>
Setting personal goals  Self-identity and worth  Positivity in challenges  Rules, rights and responsibilities  Rewards and consequences  Responsible choices  Seeing things from others' perspectives	Families and their differences  Family conflict and how to manage it  Witnessing bullying and how to solve it  Recognising how words can be hurtful  Giving and receiving compliments	Families and their differences  Family conflict and how to manage it  Witnessing bullying and how to solve it  Recognising how words can be hurtful  Giving and receiving compliments	Exercise  Fitness challenges  Food labelling and healthy swaps  Attitudes towards drugs  Keeping safe and why it's important online and offline scenarios  Respect for myself and others  Healthy and safe choices	Family roles and responsibilities  Friendship and negotiation  Keeping safe online and who to go to for help  Being a global citizen  Being aware of how my choices affect others  Awareness of how other children have different lives  Expressing appreciation for family and friends	How babies grow  Understanding a baby's needs  Outside body changes  Inside body changes  Family stereotypes  Challenging my ideas  Preparing for transition