

HIGH LITTLETON CHURCH OF ENGLAND PRIMARY SCHOOL

PSHE OVERVIEW Year 4

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Being part of a class team	Challenging assumptions	Hopes and dreams	Healthier friendships	Jealousy	Being unique
Being a school citizen	Judging by appearance	Overcoming disappointment	Group dynamics	Love and loss	Having a baby
Rights, responsibilities and democracy	Accepting self and others	Creating new, realistic dreams	Smoking	Memories of loved ones	Girls and puberty
Rewards and consequences	Understanding influences	Achieving goals	Alcohol	Getting on and Falling Out	Confidence in change
Group decision-making	Understanding bullying	Working in a group	Assertiveness	Girlfriends and boyfriends	Accepting change
Having a voice	Problem-solving	Celebrating contributions	Peer pressure	Showing appreciation to people and animals	Preparing for transition
What motivates behaviour	Identifying how special and unique everyone is	Resilience	Celebrating inner strength		Environmental change
	First impressions	Positive attitudes			