

# Curiosity Corner Nursery

## Fine motor skills

What are fine motor skills?

Fine motor skills are the small movements used for control and precision during activities. These skills include hand domination, hand separation, and effective grasp and in hand manipulation.

This picture demonstrates the complexity and moving pieces that impact a functional pencil grasp. This is why we place such value on children being supported to develop these muscles prior to writing.



At nursery we have a daily funky fingers activities and a 'finger gym' where children can access tools that will help develop the muscles in their hands.

As well as these skills supporting children's pencil grasp, it also allows them to complete everyday self care tasks such as buttons and zips.

With the increased access to electronic devices, children are being exposed less to manipulating objects and so this is more vital now than ever before.

# Ideas for activities you can try at home



If you try any of these we would love to see.  
Please share with us via Seesaw