

Buckler's Mead Academy

Physical Education Curriculum: Intent, Implementation and Impact 2022-2023

INTENT – What we teach and why

“WE DON'T STOP PLAYING BECAUSE WE GROW OLD; WE GROW OLD BECAUSE WE STOP PLAYING” GEORGE BERNARD SHAW

“PHYSICAL FITNESS IS NOT ONLY ONE OF THE MOST IMPORTANT KEYS TO A HEALTHY BODY, IT IS THE BASIS OF DYNAMIC AND CREATIVE INTELLECTUAL ACTIVITY” JOHN F. KENNEDY

Our experienced and well qualified PE team are committed to inspiring our students to engage in, have passion for and participate in all sports and activities, inside and outside the school curriculum. We understand that the majority of our students come to BMA with very little experience and or positive experiences of physical education from our feeder Primary Schools but equally their own parents and families.

One of our aims is to affect the cultural capital of the students and broaden their experiences and enrich their lives. We strive to give them an enjoyable and positive experience in order to encourage students to take part in extracurricular activities, join clubs and activities outside of school where there are many opportunities to do so, improve performance and go through the various pathways to excel in a sport or more. Our high quality physical education curriculum will inspire all students to succeed in competitive sport and other physically demanding activities (non competitive).

With specialisms in a range of sports and a passionate PE department for sport, activity and health, all students will be provided with opportunities to improve their physical and mental well-being through activity. They will build on and develop skills learned and become more confident and competent in knowledge of tactics and techniques. They will be able to apply these skills, tactics and strategies across a broad range of sports/activities.

They will understand what makes a performance, individual or team, an effective performance. We aim to develop confidence and interest to get involved in exercise/sport after and outside of school and hope to build character and embed values of fairness and respect through competitive sport, as well as affect the cultural capital of the students and broaden their experiences and enrich their lives after BMA, continue this into their college and adult lives.

IMPLEMENTATION – How we teach and deliver our curriculum so that students know more, remember more and can do more over time.

Our PE Curriculum at Buckler's Mead Academy exceeds the National Curriculum. The National Curriculum is supplemented with an extensive extra curricular programme and fixtures. We have links with governing bodies to ensure our talented athletes have access to the relevant pathways. We offer experiences for our students, for example receiving coaching from a local Premiership Rugby Club, Dance and currently investigating Swimming for targeted students at points through the academic year.

By the end of year 9 all students will have covered a broad range of sports/activities from the National Curriculum for PE at KS3 and will continue this into KS4 until the end of year 11. Students will have opportunities to develop their leadership skills and qualities throughout the curriculum. Each sport/activity covered over the 5 years has a scheme of learning overview document which is designed to support teachers to deliver knowledge with clear learning objectives and with key terms to support literacy, leadership, health and their understanding of sports/activities. This document contains examples of key questions that could be asked through the lesson to support their learning and avoid misconceptions. In KS3 students will all complete a unit of work in Fitness in order to support their understanding of a healthy lifestyle and to allow them to access key knowledge in preparation for the NCFE Technical award in Health and Fitness.

All lessons are delivered through a consistent Learning Cycle. CONNECT tasks focus on retrieval practice through 2 to 3 questions at the start of the lesson. The DESCRIBE section explicitly shares learning objectives and key terms relevant to the learning outcomes. NEW LEARNING is delivered through direct instruction, student-led, with teacher guidance and group work. Students are set a CHALLENGE task to practice a key skill or implement a skill into a game situation for example. DEMONSTRATE tasks are frequently delivered in lessons and also at the end of a 5 week activity block during their assessment week. Students are assessed against the PHYSICAL, THINKING, HEALTHY and SOCIAL strands (see Progression Tower).

At KS3 and KS4 we teach single sex as much as possible but this is not always possible and we may have to teach mixed sex classes in some cases. Classes are set according to ability as much as possible within a mixed PE model and all will have access to a broad range of sports/activities to ensure they all have a positive and wide experience.

IMPACT- expected outcomes and what our students will know at specific stages.

By the end of Keys Stage 4, we are dedicated to ensuring all students, including SEN and Pupil Premium students, realise their potential and future benefits of PE.

Students will have knowledge of how PE can affect health, physical and mental well being and implement strategies to ensure they remain healthy into adult life.

Students will continue their enjoyment of Physical Education and experience a broad range of sports/activities in a competitive and/or non competitive environment and students will participate in activities competitive or recreational after they have left the Academy.

Students excel in PE and achieve their full potential within an Academy set up/competing at County/Regional level or higher.

Students will excel in sport and have the opportunity to move through the pathways for competitive sport and participate in experiences for

example Sports Day. Students will develop a passion for physical activity/sport and will want to engage in sports after leaving the Academy. Students opt for PE as an examination course in KS4 to further their knowledge and awareness of the importance of fitness and healthy lifestyles and develop their knowledge in Further Education and Higher Education, potentially entering a career in sport in some capacity.