

24th February 2023

**Our School Christian Vision - 'Working together to build a firm foundation for learning and caring.'**

*Rooted in Matthew 7 24 – 25 'Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.'*

## Message from the Headteacher

This term our Christian value is hope. With the children we will be exploring how they can bring hope to our world, signs of hope that we can all relate to as well as discussing hopes for the future. Please see the attached values newsletter to find activities you can do to support the children's understanding of our Christian value at home.

This week we have also entered the season of Lent. During collective worship we will be exploring with the children how they can 'Look In and Look Out' this Lent. Each week will focus on the communities we are part of: family, friends, school, local, country and world. We will LOOK IN and think about each theme, reflecting on words from the Bible, and then LOOK OUT, to speak, give, act and pray. On Monday we explored the community of families, using a passage from the Corinthians to explore the way in which we act towards our family. We have asked the children to think about the following actions and would love to hear if any have put in a particularly special effort in trying to achieve them this week -



**Act**  
Write an encouraging message on a post it for a family member and leave it on their bedroom door

Cook a meal for your family

Take on an extra chore to help your family

**FAMILY**

Have a lovely weekend.

*Mrs West-Gaul*

## CHRISTIAN VALUE OF THE TERM



"Hope is coupled with faith and love as one of the three most enduring gifts of the Spirit."

**1 Corinthians 13:13**

## Dates for your Diary

### March

2nd	World Book Day
7th	Year 1 Parents Phonic Check Meeting
8th	Year 4 Trip to Roman Baths
14th	Year 6 Parents SATS Meeting, 3.15pm School Hall
16th	STEM Fair
28th & 30th	Parents' Evenings
30th	Easter Services at St. John's Church
31st	PTA Non-Uniform Day & Cake Sale

## Extra-curricular Clubs

Please note there are still spaces available for the following clubs, - please e-mail the office if your child is interested in attending:

- Badminton - Tuesdays - Years 5 & 6
- Girls Football - Tuesdays - Years 5 & 6
- Homework Club - Mondays - Key Stage 2

## Awards of the Week

Well done to all of our pupils who have achieved an award this week!



### Top Doodling Class

**Doodle Maths: 5B**

**Doodle Tables: 4A**

Congratulations to all the pupils in the green zone!

	Star of the Week	Star Readers
<b>Acorns</b>	Daisy L Eric	- -
<b>Ash class</b>	Nancy	Aoife
<b>Birch class</b>	Arianna	Jaxon
<b>Chestnut class</b>	Max	Indigo
<b>Elm class</b>	Sophie	Brie
<b>Hazel class</b>	Poppy H	Ellis
<b>Holly class</b>	Owen	Oliver
<b>Maple class</b>	Lucy	Murray
<b>Oak class</b>	Dylan	Rex
<b>Pine class</b>	Alicia	Teddy
<b>Rowan class</b>	Jacob	April
<b>Sycamore class</b>	Elijah	Lillie
<b>Willow class</b>	Meghan	Sam

## World Book Day

In recognition of World Book Day and St. John's Book Week, BookWorms will be holding an **online** sale exclusively for the St. John's community from 12th February - 12th March.

Bookworms sell an enormous collection of current literature for children from birth to teenage years. From unicorns to Batman Lego, non-fiction history to crime-solving detectives, Disney to Enid Blyton, there's a book for everyone for less than half the original retail price!

All books are brand new and priced at £3 but can be further **reduced to £2.50** when parents use the promotional code **STJOHNMSN** at the checkout. Adults can choose to either pay for home delivery or opt for free delivery to the school. Upon arrival, any books delivered to school will be sent home with their owners at the end of the school day.

This discount code will only last for the duration stated above, but the discount code can be shared openly to friends and family.

## Reading in Year 4

This week Year 4 have started reading Charlie and the Chocolate Factory by Roald Dahl in their whole class guided reading. We are really enjoying the story and noticing that our preconceptions of the storyline are sometimes influenced by the film version which has been adapted from the original text. We are enjoying the new vocabulary and how the characters interact with one another. The children have been really focussed when working on this text and we can't wait to find out what happens when the golden tickets are found.

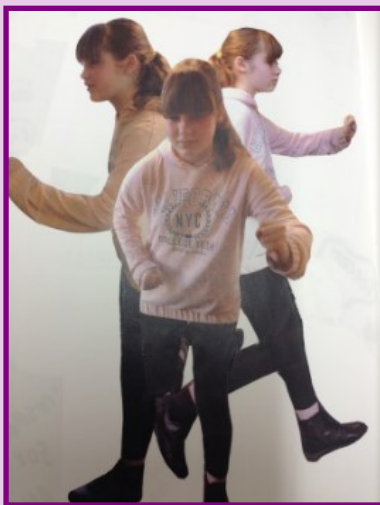


## Learning in Year 6

Last term in art, Year 6 built upon their collage skills by investing photomontage. They began by looking at 'Dada' artists, who represented events of the twentieth century in their artwork. Our Year 6 children have adopted this style to build photomontages which represent global issues and influential people of the twenty-first century.



The children have also explored the artwork of David Hockney, who uses photomontage to create the illusion of movement. Our Year 6 students took photographs of themselves to recreate Hockney's style.





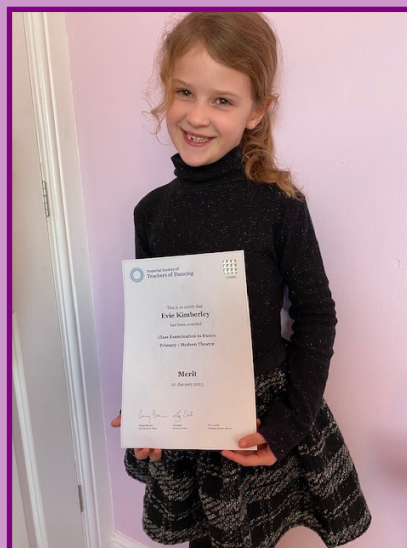
## Out of School Achievements



Élise has passed her first preparatory grade in tap with distinction. Well done!



Evie has passed her first Modern Dance Exam with a Merit Well done!



## EVENTS & ACTIVITIES

w/c 27 February



### Bath Central Library

**Storytime Session**  
Tuesday 10.30 - 11.00am 28 Feb

**Baby Bounce & Rhyme, Family Fun**  
Wednesday 10.30 - 11.00am 1 March

**World Book Day Storytime - Dress up as your favourite book character!**  
Thursday 10.30 - 11.00am 2 March

**Boy Giant Sand Sculpture**  
Mon - Sat During opening hours 18 Jan - April

**Lego Lab, Family Fun Drop In**  
Mon - Sat During opening hours

**Sensory Space, for families with children and young adults with sensory needs**  
Mon - Sat, Book a Session via Eventbrite

### Keynsham Library

**Baby Bounce & Rhyme**  
Tuesday 9.30 - 10.00am 28 Feb  
10.30 - 11.00am

**World Book Day Storytime & Craft - Dress up as something wild from your favourite book!**  
Thursday 11.00 - 11.30am 2 March

### Midsomer Norton Library

**Baby Bounce & Rhyme**  
Monday 11.00 - 11.30am 27 Feb

**Storytime Sessions**  
Wednesday 10.30 - 11.00am 1 March

**World Book Day Treasure Hunt and Creativity Drop In**  
Mon - Sat During opening hours 27 Feb - 4 March

\*For any ticketed events, the link will be online via Social Media or via the blog.

### Recycle an Ex Library Book Competition

11 Feb - 22 July, collect an entry form from Keynsham, Bath or Midsomer Norton library



## Family Bingo night

We will be holding a bingo night in the school hall on Friday 10th March.

Doors open 6pm - eyes down 6:30pm

**6 games - £5 per person**

Cash prizes for adults only - separate prizes for children.

We will be selling hot food, snacks and have a fully stocked bar!



No need to pay for children if they aren't playing. If you would like to book your space please email [stjohnsmsnpta@outlook.com](mailto:stjohnsmsnpta@outlook.com) with the number of playing people and any non playing children.



Payment will be made direct into the PTA bank account when you book your space.

Additional tickets can be purchased on the night



## Sport Report

### Girl's Football Match

Before half term, our girl's football team competed against High Littleton in the first round of the Girl's Football Plate. After an excellent team performance and some brilliant goals, the girls won the match 5-1 and have progressed through to the next round. Well done girls!



### Inclusive Gymnastics Festival

Recently a group of children took part in an inclusive gymnastics festival at Writhlington Sports Centre. The children had to complete a variety of different gymnastics stations which they all thoroughly enjoyed. They represented St John's excellently and we look forward to taking part in the next inclusive festival.



# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

OSCAR

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0808 800 5000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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