

## Buckler's Mead Academy

### Physical Education Subject Information

***"PHYSICAL FITNESS IS NOT ONLY ONE OF THE MOST IMPORTANT KEYS TO A HEALTHY BODY, IT IS THE BASIS OF DYNAMIC AND CREATIVE INTELLECTUAL ACTIVITY" - JOHN F. KENNEDY***

At Buckler's Mead, our experienced and well qualified team of specialist teachers are committed to inspiring our students; to engage in, have passion for, and participate in all sports and activities.

We place emphasis on building the cultural capital of our students through broadening their experiences which will enrich their lives and continue into their post 16 pathways and future careers. We strive to give all students an enjoyable and positive experience and encourage them to take part in extracurricular activities, participate in clubs, improve performance and progress through the various pathways that will allow them to excel in a sport. Our high quality physical education curriculum will inspire all students to succeed in competitive sport and other physically demanding activities.

Our subject specialists deliver the curriculum with expertise in a range of sports and are passionate about sport, health and well-being. All students will be provided with opportunities to improve their physical and mental well-being through sports activities. All of our students will become more confident and competent as their knowledge of tactics and techniques develops. They will be able to apply this knowledge across a broad range of disciplines. We recognise the impact that active lifestyles have on a healthy mind and body.

Our four "golden threads" of **physical performance, tactical knowledge, fitness and leadership** are mapped across our spiral curriculum. We provide our students with a genuine appreciation and understanding of different sports and aspire to develop athletic and sporting excellence. We also seek to enhance their knowledge and understanding of the importance of exercise and healthy lifestyles.

Our students will understand what makes an effective individual and team performance. We aim to develop confidence and interest to get involved in exercise outside of school. Our intent is to build character and embed values of fairness and respect through competitive sport. The PE curriculum promotes the core school values of **Community, Opportunity, Enjoyment, Success and Ambition**.

Students will be able to represent their **community** through enrichment activities. They will be given **opportunities** to experience PE activities through the curriculum and through enrichment opportunities. It is our aim for students to **enjoy** physical activity and feel **successful**, not just in terms of their performances, but to cooperate and work within a team to achieve success. We instil a culture of "sky high" expectations within all students and our **ambitious** curriculum will empower them to succeed.

At the end of KS3 students will have experienced a broad and balanced curriculum allowing them many opportunities to develop their skill level and knowledge and excel in sport and activity. Through the curriculum at the end of KS3 more students choose PE as an examination course at KS4 to further their knowledge and awareness of the importance of fitness and healthy lifestyles and develop their knowledge in Further Education and Higher Education. Students who have studied the NCFE specification will have gained the skills and knowledge for future courses at Further and Higher education to enter into a sports vocation and career in some capacity.

At the end of KS4 students will have had the opportunity to **enjoy** and **excel** in sport and participate in House Competitions, Sports Day or compete at County/Regional level. The curriculum will also embed powerful knowledge so that students will have a broad knowledge of sport, an awareness of how to think tactically and strategically. Our students will continue their enjoyment of Physical Education in a competitive and/or non competitive environment and will participate in activities including recreational activities after they have left the Academy.

In KS3 and KS4, through enrichment activities such as, **sports fixtures, sports events including inclusive sport, external coaches, Swimming, Dance and House competitions**, students are gaining an increased **cultural capital** throughout their five years at the Academy.