

High Littleton C. of E. Primary School, High Littleton, Bristol BS39 6HF

Part of the Midsomer Norton Schools Partnership

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Head Teacher: Mr Gareth Griffith



15th September 2023

Dear Parents/Carers

Next week we will be starting Forest Friday sessions in Owl Class which will run every Friday morning throughout the Reception year led by Mrs Woodland.

Learning outdoors is an inspirational process that offers ALL children regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a woodland or natural environment. By participating in engaging and motivating activities, the children will have the opportunity to develop emotional and social skills and most importantly to use their own initiative to solve problems and cooperate with others. The first session will be next week – **Friday 22nd September**.

The children **do not** wear school uniform on these days and will need to wear their forest school clothes to school **every** Friday morning and will remain in their Forest Friday clothes all day. Please make sure these are old clothes as we are often exploring mud and water! Suitable clothing for these sessions are long trousers or jeans, long sleeved top and jumper or cardigan, warm socks, and waterproofs to include **BOTH** a coat and trousers. **The more layers the better, especially socks in cold weather!**

The children will be outside whatever the weather, even in pouring rain, so **NAMED WATERPROOF JACKET AND WATERPROOF TROUSERS** are essential – these will be kept in school. We are very excited about Forest Fridays and have planned some really exciting sessions for the children and feel that this excellent learning opportunity will help to encourage, develop and inspire all the children through positive outdoor experiences. Children may bring their named waterproofs and wellies to school before our first session as we have a specific area to keep these.

Yours sincerely

Mrs Emma Payne & Mrs Amanda Woodland

Owl Class teacher & Forest Friday Leader

“Love each other as I have loved you” John 15:12

