



Critchill
School

Alternative Provision

'Build a Bike'

at



Build a Bike Project

The Bike Shed @ Critchill School provides vulnerable and disengaged students including those at risk of permanent exclusion with the opportunity to learn new skills, develop self-confidence and gain a sense of achievement. They will also begin to build work-related skills such as self-reflection, team-working and problem solving.

Bicycle maintenance is the primary focus of the provision but students can also learn about healthy living, nutrition for exercise, planning cycle routes and preparing for different weather conditions and health and safety in the workplace.

Students are able to keep the fully refurbished and safety checked bike they have worked on, at the end of the term if the agreed contract has been fulfilled.

They will also get the opportunity to undertake two bike activity coaching sessions at a local BMX track with a qualified Activity Coach during the project.

The provision is available once a week on a Wednesday, for up to 4 students. The initial courses will run for 9 weeks each.

Two members of staff from Critchill School teach and supervise students at all times. Bike coaching sessions are delivered in conjunction with SEND IT! BMX Academy who are British Cycling approved.

Referral Criteria

The project is specifically aimed at young people from Year 5 to Year 11. Schools can register their interest in a pupil joining a course by completing a 'Referral form'.

The form should clearly outline a school's priorities for referral and the intended outcomes for the individual pupil.

Referrals will then be considered by the leader of the project, Jon Hoare. Jon will then invite schools to meet together to discuss referrals and plan for the most appropriate groupings.

Contract Agreements

Each new course begins with pupils meeting with the staff who lead and oversee the cycle workshop project. A contract agreement is shared with the individual pupil outlining expectations of the course including behaviour, attendance and the course coverage.

We see this as a valuable opportunity to ensure the success of the course and the success of proposed outcomes for each individual.

Course Structure

Pupils are transported to and from Critchill school by the Bike Workshop team from either their home address or from their school. Times of collection will be shared following referrals and route planning. Timings below are approximate.

9.45am	Arrive at Critchill School
9.50am	Session 1
11.00am	Break (Drinks and a snack provided)
11.15am	Session 2
12.30pm	Lunch (Not provided - students to bring a packed lunch)
1.00pm	Session 3 (including review of day)
2.00pm	End of Workshop day

And:

10.00am	Arrive at Bath BMX Club
10.15am	Activity coaching 1
11.15am	Break (Drinks and a snack provided)
11.30am	Activity coaching 2
12.30pm	Lunch (Not provided - students to bring a packed lunch)
1.00pm	Review of day
1.30pm	End of coaching day

Staff will provide a report for each student at regular intervals, sharing successes and suggesting next steps for the following sessions.

Fees

The daily cost will be £195 per student.

A discounted rate is available for all MNSP schools

This includes travel, snacks, drinks and use of equipment at both the Bike Workshop and through SEND IT! BMX Academy.

About Critchill School

Critchill School provides education for 90 pupils with a wide range of abilities. All pupils have an Education, Health and Care Plan. Each pupil's needs are carefully and individually evaluated, so that all pupils can aspire to reach exceptional standards. Critchill School has invested in the development of improved learning spaces and specialist resource areas, enabling all children to develop a full range of academic, functional and independent skills.

About SEND IT! BMX Academy



SEND IT! BMX Academy provide a range of Alternative provision for individuals and groups. Working in conjunction with Critchill School SEND IT ! BMX Academy allows pupils on the Build a Bike project to develop their cycling skills on and off the track. Pupils will also have the opportunity to ride BMX race bikes as well as the bikes they have built.

At SEND-IT! activities are designed to ensure that learning is engaging and fun, ensuring riders challenge themselves, reflect and make sustained, personalised progress.

Waivers/ disclaimers must be completed.

www.senditbmxacademy.co.uk

Contact Information

For further information and to make a referral to the Alternative Provision 'Build a Bike' education provision please contact:

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