

HIGH LITTLETON CHURCH OF ENGLAND PRIMARY SCHOOL

SPIRITUALITY

Why is spirituality important at High Littleton Church of England Primary School?

- It supports us with our mental health and wellbeing
- It helps us to be calm and at peace, giving us the opportunity to be still in a busy and noisy world
 - To help us to be curious and to ask questions (*why, what, where* and *how*)
- It develops our sense of awe and wonder and appreciate the world in which we live
 - It helps us to stop, reflect and be grateful
- It helps us to find joy in simple and beautiful things
 - It supports us in thinking about others

As children we will...	Our Values	As adults we will...
<p>Be happy being silent – not always feel the need to talk. Be comfortable with who we are. Be happy being me. Appreciate what is good about our world. Respect places, people and things. Reflect and learn. Use my senses. See rather than look, listen rather than hear, feel rather than touch. Take pure joy in simple things. Be at peace. Express myself through the arts. Communicate with empathy. Recognise when I am stressed and calm myself. Reflect and wonder about the bigger picture and God.</p>	<p>Friendship Courage Appreciation Equality Respect Hope Faith Endurance Peace Compassion Tolerance Faith</p>	<p>Offer opportunities to be still, look and wonder. Nurture inquisitive minds. Take opportunities to wonder about & explore God’s creation. Take the children outside and encourage a love of nature. Use our school environment and local environment. Encourage self-awareness and reflection. Value art, music and dance in the curriculum. Regular visits to Holy Trinity Church as well as other places of worship. Probe with questions to get to a deeper understanding. Not be afraid to ask the big questions in R.E. and about God. Encourage “wholeness” mind, body and spirit. Give time for thinking, space for reflection and structured opportunities for pupils to listen and talk to each other. Value personal development. Model good personal habits and encourage children.</p>

Examples of how we foster spirituality at High Littleton Church of England Primary School

Collective Worship
Celebration Assemblies
RE curriculum
PSHE curriculum - JIGSAW
Regular visits to Holy Trinity Church and other places of worship
Thrive sessions to support children with mental health and wellbeing
After school clubs
Charitable events and fundraising activities
Whole school rambles to Greyfield Woods
Sporting events
Educational visits
British Values
Residential visits

Reception and Year 6 Buddy System
Forest School sessions
OPAL
Gardening Club
Eco School Award
Ukelele lessons
Summer productions
Senior Citizens Party
Theatre visits
Dance Umbrella
Black History Month
Pilgrims' Day