

# High Littleton C. of E. Primary School, High Littleton, Bristol BS39 6HF

Part of the Midsomer Norton Schools Partnership

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Head Teacher: Mr Gareth Griffith

Tuesday, 30th April 2024



Dear Parents/Carers

## Relationships, Sex and Health Education Term 6: Changing Me

Next term during your child's PSHE (Personal, Social and Health Education) lessons, we will be focusing on the theme of **Changing Me** using our Jigsaw scheme of work.

The **Changing Me** unit is all about coping positively with changes and includes the following:

### Year 2

Boys' and girls' bodies: body parts and respecting privacy (which parts of the body are private and why this is).

**Lesson 1:** Life Cycles in Nature - I can recognise cycles of life in nature.

**Lesson 2:** Growing from Young to Old - I can tell you about the natural process of growing from young to old and understand that this is not in my control.

**Lesson 3:** The Changing Me - I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old.

**Lesson 4:** Boys' and Girls' Bodies - I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private.

**Lesson 5:** Assertiveness - I understand there are different types of touch and can tell you which ones I like and don't like.

**Lesson 6:** Looking Ahead - I can identify what I am looking forward to when I move to my next year group.

All lessons are taught using correct terminology, child-friendly language and diagrams. For further information, please visit the RSHE section of our website.

If you have any questions, please do not hesitate in contacting Mrs Richardson.

Best wishes  
Gareth Griffith  
Headteacher



***"Love each other as I have loved you." John 15:12***