HIGH LITTLETON CHURCH OF ENGLAND PRIMARY SCHOOL
PSHE (JIgsaw) MEDIUM TERM PLAN TERM 4
Healthy Me

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Owl (R)	Everybody's Body!	We like to move it! Move it!	Food glorious food!	Sweet Dreams!	Keeping Clean	Stranger Danger
Hedgehog (Y1)	Being Healthy	Healthy Choices	Clean and Healthy	Medicine Safety	Road Safety	Happy, Healthy Me
Fox (Y2)	Being Healthy	Being Relaxed	Medicine Safety	Healthy Eating	Healthy Eating	Healthy Eating Cafe
Badger (Y3)	Being Fit and Healthy	Being Fit and Healthy	What Do I Know About drugs?	Being Safe	Being Safe	My Amazing Body
Otter (Y4)	My Friends and Me	Group Dynamics	Smoking	Alcohol	Healthy Friendships	Celebrating My Inner Strength and Assertiveness
Robin (Y5)	Smoking	Alcohol	Emergency Aid	Body Image	My relationship with Food	Healthy Me
Deer (Y6)	Food	Drugs	Alcohol	Emergency Aid	Emotional and Mental Health	Managing stress