

HIGH LITTLETON CHURCH OF ENGLAND PRIMARY SCHOOL
PSHE (Jigsaw) MEDIUM TERM PLAN TERM 6 2025-2026

Changing Me

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 |
|--------------------------|-----------------------|---------------------------|----------------------|------------------------------|----------------------|--------------------------------|
| Owl (R) | My body | Respecting my body | Growing up | Funs and Fears (1) | Funs & Fears (2) | Celebrations |
| Hedgehog (Y1) | Life Cycles | Changing Me | My Changing Body | Boys' and Girls' Bodies | Learning and Growing | Coping with Changes |
| Fox (Y2) | Life Cycles in Nature | Growing from Young to Old | The Changing Me | Boys' and Girls' Bodies | Assertiveness | Looking Ahead |
| Badger (Y3) | How Babies Grow | Babies | Outside Body changes | Inside Body Changes | Family Stereotypes | Looking Ahead |
| Otter (Y4) | Unique Me | Having a baby | Girls and Puberty | Circles of Change | Accepting change | Looking Ahead |
| Robin (Y5) | Self and Body Image | Puberty for Girls | Puberty for Boys | Conception | Looking Ahead | Looking Ahead to Year 6 |
| Deer (Y6) | Self and Body Image | Puberty | Girl Talk/Boy Talk | Babies - Conception to Birth | Attraction | Transition to secondary school |