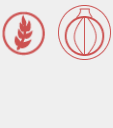


Week 1						
		Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	1	Sticky Ginger Soy Glazed Chicken With Rice 	Pork Sausage with Yorkshire Pudding Mash & Gravy 	Herb Crusted Turkey with Roast Potatoes, Cranberry sauce and Gravy 	Beef Lasagne with Garlic Bread 	Fishcake & Chips Breaded Chicken Burger With Lettuce & Tomato 
	2	Cauliflower Pepper Curry with Rice 	Chilli Cream Cheese Pinwheels 	Vegetable Stuffed Peppers 	Halloumi & Vegetable Stack & Potato Puff 	Vegetable Kiev 
Vegetable Choices		Broccoli & Green Beans	Peas / Carrots	Cauliflower Cheese & Carrots 	Salad Coleslaw 	Baked Beans / Peas
Jacket Potatoes	3	Jacket potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Fillings Please choose one choice		Cheese/Tuna/ Beans 	Cheese/Tuna/ Beans 	Cheese/Tuna/ Beans 	Cheese/Tuna/ Beans 	Cheese/Tuna/ Beans 
Dessert		Lemon Sponge  	Apple Pie with Custard  	Aussie Crunch 	Orange & Raspberry Cake  	Double Chocolate Cookie  
Snack Bar		Panini 	Panini 	Panini 	Panini 	Panini 
Pasta Bar		Tomato & Basil  	BBQ Chicken Tomato & Pesto 	Bolognese Tomato Basil 	Pesto Turkey Arrabiata 	Tomato & Basil  

Week 2						
		Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	1	Sweet & Sour Chicken Balls With Prawn Crackers and Rice   	Beef Tacos With Guacamole and Garlic Wedges  	Marinated Pork Loin Chop with Roast Potatoes  	Creamy Chicken & Ham Pie with Herby Potatoes     	Breaded Fish & Chips   Pork Sausage Burgers & Skinny Fries 
	2	Vegetable Chilli With Rice and Nachos    	Mushroom Risotto  	Caramelised Onion Quiche     	Spinach Ricotta Enchiladas    	Vegetarian Sausages  
Vegetable Choices		Broccoli / Green Beans	Green Salad / Coleslaw	Buttered Cabbage and Leek / Carrots	Green Vegetable Medley	Baked Beans / Peas
Jacket Potatoes	3	Jacket potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Fillings please choose one choice		Cheese/Tuna/Beans   	Cheese/Tuna/Beans   	Cheese/Tuna/Beans   	Cheese/Tuna/Beans   	Cheese/Tuna/Beans   
Dessert		Apple & Cherry Crumble   	Millionaires Shortbread     	Carrot Cake     	Jam & Coconut Cake   	White Chocolate Cookie     
Snack Bar		Panini    	Panini    	Panini    	Panini    	Panini    
Pasta Bar		Tomato & Basil   	Bolognese Pesto    	Meatballs in Tomato Sauce Tomato & Basil    	BBQ Pork Arrabiata  	Tomato & Basil  

Week 3						
		Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	1	Chicken Fajitas with Spicy Wedges  	Meatballs in BBQ Sauce with Rice / Pasta  	Lemon Herb Marinated Chicken Breast with Roast Potatoes stuffing and Gravy   	Beef Chilli Con Carne with Rice and Nacho's  	Fish Cakes & Chips Chicken Goujons & Chips    
	2	Hummus Vegetable Wraps  	Vegetarian Lasagne   	Tomato, Pesto and Mozzarella Turnover   	Sweet & Sour Tofu with Prawn Crackers and Rice   	Aromatic Garden Burgers and Chips  
Vegetable Choices		Rainbow Salad Coleslaw 	Peas / Sweetcorn	Cheesy Sprout Gratin 	Vegetable Medley / Coleslaw 	Baked Beans / Peas
Jacket Potatoes	3	Jacket potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Fillings Please choose one choice		Cheese/Tuna/Beans   	Cheese/Tuna/Beans   	Cheese/Tuna/Beans   	Cheese/Tuna/Beans   	Cheese/Tuna/Beans   
Dessert		Blueberry / Lemon Crunch Cake With Custard    	Raspberry Flapjack    	Victoria Sponge Slice  	Banana Chocolate Cake   	Double Chocolate cookie    
Snack Bar		Panini  	Panini  	Panini  	Panini  	Panini  
Pasta Bar		BBQ Chicken Tomato & Basil   	Bolognese Pesto    	Meatballs in Tomato Sauce Tomato & Basil    	Chicken Arrabiata  	Tomato & Basil   

KEY Any Dietary requirements please contact the kitchen			
	Contains Celery		Contains Mustard
	Contains Dairy		Contains Onion
	Contains Eggs		Contains Soya
	Contains Fish		Contains Sulphates
	Contains Gluten		Vegan
	Suitable for Gluten Free		Vegetarian