HIGH LITTLETON CHURCH OF ENGLAND PRIMARY SCHOOL
PE Medium Term Plan Term 3

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Owl Class (EYFS) Dance Outdoor Adventurous Activity (Forest Friday)	Theme: head, shoulders, knees and toes To explore different body parts and how they move.	Theme: head, shoulders, knees and toes To explore different body parts and how they move and remember and repeat actions.	Theme: transport To express and communicate ideas through movement exploring directions and levels.	Theme: transport To create movements and adapt and perform simple dance patterns.	Theme: morning routine To copy and repeat actions showing confidence and imagination.	Theme: my journey to school To move with control and co-ordination, linking, copying and repeating actions.
Hedgehog Class (Y1) Team Building Dance Umbrella	To co-operate with a partner to complete challenges.	To explore and develop working as a team.	To develop talking, listening and sharing skills.	To use speaking and listening skills to lead a partner.	To plan with a partner and small group to complete challenges.	To use talking, listening and sharing skills to complete challenges.
Fox Class (Y2) Ball skills Fundamentals	To develop rolling a ball to hit a target. To explore how the body moves when running at different speeds.	To develop stopping a rolling ball. To develop changing direction and dodging.	To develop dribbling a ball with your feet. To develop balance, stability and landing safely.	To develop kicking a ball. To explore and develop jumping, hopping and skipping actions.	To develop throwing and catching. To develop co-ordination and combining jumps.	To develop dribbling a ball with your hands. To develop combination jumping and skipping in an individual rope.
Badger Class (Y3) Handball Y3/4 Fundamentals	To begin to throw and catch while on the move. To develop balancing and understand the importance of this skill.	To move towards goal or away from a defender. To develop technique when running at different speeds.	To move towards goal to create shooting opportunities. To develop agility using a change of speed and direction.	To use defending skills to delay an opponent and gain possession. To develop technique and control when jumping, hopping and landing.	To use a change of direction and speed to lose a defender and move into space. To develop skipping with a rope.	To apply skills and knowledge to compete in game situations. To apply fundamental skills to a variety of challenges.
Otter Class (Y4) Basketball Fitness	To develop attacking skills to move towards a goal.	To develop passing and moving and play within the rules of the game.	To develop movement skills to lose a defender and move into space.	To develop defending skills to delay an	To use space effectively to create shooting opportunities.	To apply skills and knowledge to play

	To recognise different areas of fitness and explore what your body can do.	To develop speed and strength.	To develop co-ordination.	attacker and gain possession. To develop agility.	To develop balance.	games using basketball rules. To develop stamina.
Robin Class (Y5) Handball Dance Umbrella	To use a variety of passes to maintain possession under pressure.	To select the appropriate skill to create space, move towards goal and away from defenders.	To select and apply the appropriate skill to score goals.	To use defending skills to prevent an opponent from scoring.	To use the appropriate defensive technique for the situation.	To apply rules, skills and principles to play in a tournament.
Deer Class (Y6) Basketball Fitness	To dribble with control under pressure. To develop an awareness of what your body is able to do.	To move into and create space to support a teammate. To develop speed and stamina.	To choose when to pass and when to dribble. To develop strength using my own body weight.	To use the appropriate defensive technique for the situation. To develop co-ordination.	To develop shooting technique and make decisions about when to pass, dribble or shoot. To develop agility.	To apply principles, rules and tactics to a tournament. To develop balancing with control.