



WK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Lightly Spiced Chicken & Vegetable Curry with Veggie Brown Rice (5,7)	Chilli Bean Quesadillas (2,5)	Roast Chicken, Roast Potatoes with Mixed Vegetables and Gravy (2,5)	Beef Lasagne & Garlic Bread (2,5,7,9)	Oven Cooked Fish Fingers, Chips(4,5)
Veggie Main	Lightly Spiced Chickpea & Vegetable Curry & Veggie Brown Rice (5,7)	Chilli Bean Quesadillas (2,5)	Roast Quorn with Roast Potatoes, Mixed Vegetables & Gravy (5)	Bean Lasagne & Garlic Bread (2,3,5,7,9)	Sweet Potato Falafel, Chips
Served with:	Carrots / Sweetcorn	Rice / Carrots / Peas	Broccoli / Cauliflower	Carrot / Green Beans / New Potatoes	Peas / Sweetcorn
Jacket Potato	Beans, Cheese(2), Tuna (4,3)	Beans, Cheese(2), Tuna (4,3)	Beans, Cheese(2), Tuna (4,3)	Beans, Cheese(2), Tuna (4,3)	Beans, Cheese(2), Tuna (4,3)
Sandwich	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)
Dessert	Fruit Salad, Yogurt (2)	Fruit Salad, Yogurt(2)	Fruit Salad, Yogurt (2)	Fruit Salad, Yogurt (2,5,9)	Berry Crunch, Fruit Salad, Yogurt (2)

KEY - Any Dietary requirements please contact the kitchen

1. Celery | 2. Dairy | 3. Eggs | 4. Contains Fish | 5. Gluten | 6. Suitable for Gluten Free | 7. Mustard | 8. Onions | 9. Soya
10. Sulphates | 11. Vegan | 12. Vegetarian



WK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken & Vegetable & Brown Rice Wrap (2,5)	Westcountry Beef Burger, Potato Wedges & Side Salad (5,10)	Roasted Westcountry Pork, Yorkshire Pudding, Gravy, Mixed Vegetables (2,3,5)	Creamy Ham Mac N' Cheese, Peas & Garlic Bread (2,5)	Oven Cooked Battered Fish & Chips, (4,5)
Veggie Main	Quorn, brown Rice & Vegetable Wrap (2,5)	Meatless Burger, Potato Wedges & Side Salad (5)	Quorn Fillet, Yorkshire Pudding, Gravy, Vegetables (2,3,5)	Creamy Mac N' Cheese, Peas & Garlic Bread (2,5)	Veggie Nuggets with Chips
Served with:	Carrots / Peas	Side Salad	Roast Potatoes / Broccoli / Cauliflower	Peas / Carrots	Peas / Sweetcorn
Jacket Potato	Beans, Cheese(2), Tuna (4,2,3)	Beans, Cheese(2), Tuna (4,2,3)	Beans, Cheese(2), Tuna (4,2,3)	Beans, Cheese(2), Tuna (4,2,3)	Beans, Cheese(2), Tuna (4,2,3)
Sandwich	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)
Dessert	Fruit Salad, Yogurt (2)	Fruit Salad Yogurt (2)	Fruit Salad Yogurt (2)	Fruit Salad Yogurt (2)	Summer Berries Sponge Cake (2,5) Fruit Salad Yogurt (2)

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**1. Celery | 2. Dairy | 3. Eggs | 4. Contains Fish | 5. Gluten | 6. Suitable for Gluten Free | 7. Mustard | 8. Onions | 9. Soya
10. Sulphates | 11. Vegan | 12. Vegetarian**



WK3	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Southern Baked Chicken & Wedges with Rainbow Slaw (1, 10)	Meatballs & Brown Rice	Westcountry Sausages, Mash Potatoes, Vegetables & Gravy	Bolognese Wholewheat Penne Pasta & Vegetables (3,5)	Oven Cooked Fish Fingers, Chips (4,5)
Veggie Main	Southern Baked Quorn & Wedges (1, 5, 10)	Vegan Meatballs & Brown Rice	Quorn Sausages, Mash Potatoes, Vegetables & Gravy (5)	Quorn Bolognese Wholewheat Penne Pasta & Vegetables (3,5)	Sweet Potato Falafel with Chips
Served with:	Rainbow Slaw (Carrots / Red Onion / Cabbage / Parley)	Carrots / Peas	Broccoli / Cauliflower	Carrots / Green Beans	Peas / Sweetcorn
Jacket Potato:	Beans, Cheese(2), Tuna (4,,3)	Beans, Cheese(2), Tuna (4,,3)	Beans, Cheese(2), Tuna (4,,3)	Beans, Cheese(2), Tuna (4,,3)	Beans, Cheese(2), Tuna (4,3)
Sandwiches:	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)	Ham, Cheese(2), Tuna(4,3)
Dessert	Fruit Salad Yogurt (2)	Fruit Salad Yogurt (2)	Fruit Salad Yogurt (2)	Fruit Salad Yogurt (2)	Ice Cream (2) Fruit Salad Yogurt (2)

KEY - Any Dietary requirements please contact the kitchen

1. Celery | 2. Dairy | 3. Eggs | 4. Contains Fish | 5. Gluten | 6. Suitable for Gluten Free | 7. Mustard | 8. Onions | 9. Soya
10. Sulphates | 11. Vegan | 12. Vegetarian