

## Message from the Headteacher

The sun has made an appearance this week and it's certainly brightened up our days at St John's. Across the school children have been busy filming their final musical pieces as part of the new music scheme 'Charanga' and has been wonderful to hear the buzz of excitement up and down the corridors.

The construction on the field is in full swing and the children have enjoyed watching the diggers and workmen getting on with it. We cannot wait to start using it for forest school in the new term.



We are now at the end of what has been a very busy term and are all looking forward to getting some rest before our final summer term starts.

I hope you all have a lovely break and the sun continues to shine for us!

Mrs West-Gaul  
Head Teacher

## Star of the week

Well done to all our pupils who achieved star of the week this week.

<b>Acorn class</b>	Max Bethany
<b>Ash class</b>	Poppy
<b>Birch class</b>	Maisy
<b>Chestnut class</b>	Isla
<b>Elm class</b>	Sophie
<b>Holly class</b>	Hannah
<b>Hazel class</b>	Zara
<b>Maple class</b>	Sam
<b>Oak class</b>	Quinn
<b>Pine class</b>	Noah
<b>Rowan class</b>	Amelia
<b>Sycamore class</b>	Billy P
<b>Willow class</b>	Paddy

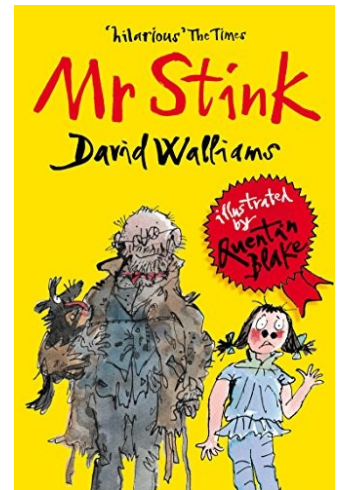
## Russel Howard tickets

We have been lucky enough to have been donated two tickets to see Russell Howard performing Live at the Bristol Hippodrome on 7th July 2021. We are holding a raffle to give away these tickets. To be in with a chance of winning, please look at our Facebook page and pick a number between 1 and 200. Please check before commenting on the post that your chosen numbers haven't already been chosen. We will be conducting the draw on Friday 11th June 2021 and the winner will be announced on the page later that day. Tickets cost £2 each, payment must be made on ParentPay.



## Year 2 reading

We have recently finished reading Mr Stink by David Walliams. This book is about a young, imaginative girl named Chloe who feels lonely at home and at school. This is why, one gloomy day, Chloe decides to speak to an unusual, yet intriguing, tramp named Mr Stink (given this name due to the repugnant smell which lingers around him). Little does Chloe know that this encounter will lead to a friendship which will change her life forever.



Here is what Year 2 thought of this book.

"I think the book was really funny, especially the part when Mr Stink uses rabbit droppings as earplugs!" Fin

"I really liked the part when Mr Stink appears on the television and tells the talk show host that he needs a number 2!" Poppy

"I thought it was funny when Mr Stink goes in a helicopter to visit the Prime Minister." Freddie

## Learning in Year 3

In Science we have been looking at plants and the function of the different parts. We have used magnifying glasses to study the root system of different plants and learnt about the technical vocabulary for the different types of roots. It has been very interesting



to find out all about plants this term, though we have had to dissect a few as part of our investigations!



In RE we have been learning about the Kingdom of God and the Christian festival of Pentecost. We did not realise that this was the beginning of the Christian Church and is celebrated as its birthday! As part of our learning, we made windmills to show us that the Holy Spirit is like the wind and even though we cannot see it, we can feel it all around us.

## Football & Scooters before school

Please can we remind parents that pupils should not be riding on scooters or playing football in the playgrounds before school. This is to ensure the safety of all our parents and children, and to aid social distancing.





## A visit from some feathery friends

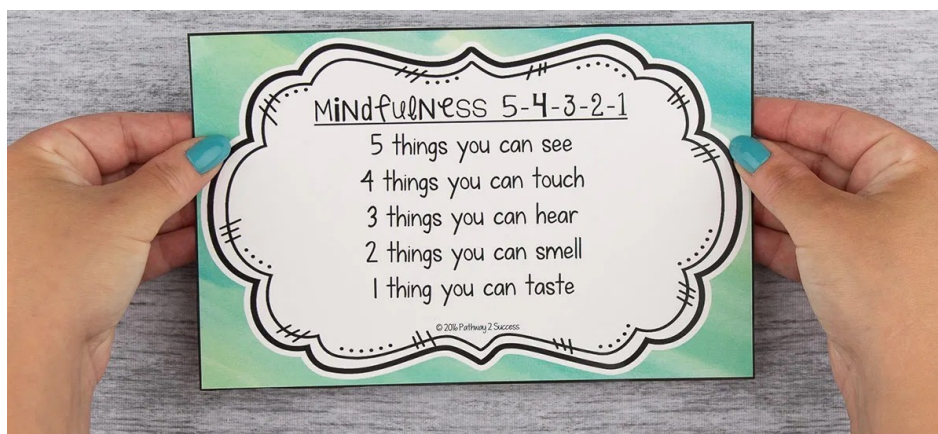
We were lucky enough to be visited on Thursday by Amy Merry who brought in the chicks which she had recently reared to show our pupils in Seedlings and Chestnut class. The pupils were shown the incubator which the eggs were kept in until they hatched and learnt about how long it can take them to peck themselves out of their shell. The pupils were then able to hold the chicks, some of which were only days old!



## Wellbeing Team

### **Take Notice/be mindful**

Be curious. Catch sight of the beautiful. Remark on the unusual. Notice the changing seasons. Savour the moment, whether you are walking to work, eating lunch or talking to friends. Be aware of the world around you and what you are feeling. Reflecting on your experiences will help you appreciate what matters to you.



## Term 6-After school clubs

From Monday 7th June we will be running multi skills after school clubs run by teachers on Monday, Wednesday and Friday each week. Clubs cost £2.50 per day and run from 3-4pm. Pupils should meet in the school hall and they can be collected from the main school office entrance at the end. All clubs are suitable for pupils from Reception to Year 6 and can be booked and paid for directly via ParentPay.

## School Council Anti-bullying focus

This week in collective worship the children have had a focus on anti-bullying. School council recorded an assembly on what bullying is and how it is different from falling out with our friends. Throughout the week we developed our understanding of friendship and looked at how we can support one another both in and out of school.

As parents you can help support our work by talking to your child about their understanding of bullying, what makes a good friend and what this looks like on and off line.

Included is a reminder of the age restrictions of certain apps. We are aware that many children are on these apps and we have discussed ,in length, ways in which they can keep themselves safe. Next term our digital leaders will be focussing on ways to be kind online, raising awareness of posts being appropriate and the realisation that once something is posted it often cannot be retracted.

## Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?



Sourced from NSPCC website October 2016







**National  
Online  
Safety®**  
#WakeUpWednesday

# 14 WAYS TO BE KIND ONLINE

Showing kindness online can mean so much to someone else. It is a choice we can all make that helps others, puts people's needs before our own and which can generate feelings of empathy and compassion. Small gestures can have a large impact and often one act of kindness can lead to more, making the world a happier and more positive place. That's why we've created this guide to suggest a few simple 'acts of kindness online' that can benefit people's mental health, support their wellbeing and encourage a more positive approach to engaging online.

## 1. BE POSITIVE

Post about things that make you happy and that you're thankful for. It could brighten up someone else's day.

## 2. OFFER TO HELP

Sometimes a friend or family member might post a question online or ask for help with something they can't do themselves. If you know the answer or are able to offer help, provide support and send a response. Something that may be easy for you might be difficult for someone else.

## 3. SHOW APPRECIATION TO OTHERS

If somebody you know has done something good or shown kindness themselves, thank them for it. It costs nothing and showing them that you appreciate it means so much.

## 4. SHARE FUNNY VIDEOS OR IMAGES WITH FRIENDS & FAMILY

We often come across funny videos or images online that make us laugh and then we move on. If you found it funny, your friends and family might too. It could help someone smile who may be having a bad day.

## 5. LIKE, LOVE & CELEBRATE

If somebody posts something that you like on social media, like it, love it or celebrate it! It's a small gesture but could mean a lot.

## 6. VIDEO CALL YOUR FRIENDS & FAMILY

It can be easy to be consumed by daily routine. Using apps like Zoom, FaceTime or WhatsApp are great for connecting with others far away and shows you're thinking of them even though you can't physically meet them in person.

## 7. TELL SOMEONE YOU'RE THINKING OF THEM

We can't always tell how people are feeling online and just dropping somebody a message to ask if they're ok or that you're thinking of them could literally make their day.

## 8. SHARE POSITIVE POSTS

If you see something online that inspires you, share it with people you know. An inspirational quote, a beautiful photo or a motivational video can lift spirits, improve self-esteem and help make people feel better about themselves.

## 9. HOST AN ONLINE QUIZ

Video conferencing apps are a great way to get friends and family together. If you know someone who is feeling lonely, host an online quiz and invite them to join in. It could really cheer them up.

## 10. THINK BEFORE YOU COMMENT

Sometimes thinking before you act can be just as significant as acting in the first place. Showing thought before you comment could stop you posting something hurtful, offensive or negative. It's always better to post positively or post nothing at all.

## 11. BE COMPASSIONATE & UNDERSTANDING

Being empathetic towards others and their situation is often an act of kindness and selflessness that gets overlooked. If you notice someone who is upset, drop them a message and offer to listen.

## 12. CONNECT FRIENDS & FAMILY WITH SIMILAR INTERESTS

You may know two people amongst your friends and family who you trust and know well who have similar interests and likes. Introducing them can be a great way for them to make new friends but remember to always ask their permission first.

## 13. RECOMMEND SOMETHING YOU ENJOY DOING TO OTHERS

If you enjoy doing something online, such as playing a game, or if you've found a great learning resource, share it with others. Even if you've watched a good film, letting others know can be an act of generosity that brings them excitement or pleasure at a time when they might need it the most.

## 14. PRAISE OTHERS FOR THEIR ACHIEVEMENTS

Sometimes your friends or family might post something online that they're proud to have done. It might be an exam they've passed, learning a new skill or just completing a task. Either way, it's always kind to recognise hard work and effort through praise and celebration.

## Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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