

IDEAS FOR THINGS TO DO

- Visit the Twinkl site www.twinkl.co.uk (lots of things are currently free to download)
- Look on the Pinterest website
- Camp in the garden
- Have a BBQ
- Enjoy an Afternoon Tea in the garden
- Sports in the garden; badminton, tennis, basketball, football
- Board games (inside and out in the garden)
- Do some gardening (plant some seeds; lettuce, carrots etc.). You can order some things online.
- Outdoor cinema (download programs and films)
- Reading (inside and out in the garden)
- Do a daily diary
- Create a time capsule
- Walk the dog
- Go out running (with the dog, for one lot of daily exercise)
- Learn a new skill (taking photos on your phone)
- Creating a photo album
- Sort out your old photos (you can get free prints on Photobox online and just pay the postage)
- Baking
- Cook the dinner for the family
- Have a clear out. You might find things to do you had forgotten about
- Scrap booking
- Painting
- Drawing
- Face time friends
- Gel nails
- Pamper activities; hand, neck, back and foot massage
- Online pilates and yoga
- Arts and crafts (order online) Amazon

- Easter egg hunt in your garden
- Don't forget to clap very Thursday at 8 pm for your NHS

REMEMBER: YOU ARE ONLY ALLOWED TO GO OUT ONCE A DAY. FOR YOURS AND OTHERS SAFETY

IDEASFORTHINGSTODO – BMA COVID 19 FOLDER